

# HOW TO BUILD A POSITIVE TEAM CULTURE

@playbytherules

## TIP 1

Discuss 'success' – What does it mean? How would it feel? What would it look like?



## TIP 2

Set goals – Work with the team to identify individual and team goals that they want to pursue



## TIP 3

Discuss values – Find out from your team the values that they believe are of utmost importance



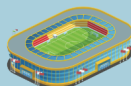
## TIP 4

Respect – Everyone is treated with respect



## TIP 5

Responsibility – Players must accept their role and be responsible for their actions



## TIP 6

Commitment – Players must be committed to the team, training and games



## TIP 7

Continuous development – Building a positive team culture takes time. Are you committed to keep developing it?



## TIP 8

Praise – Make sure that coaches are appropriately praising players. Athletes can also praise each other



## TIP 9

Support – Coaches and athletes can support each other when things become hard in training or games



## TIP 10

Work together – It is key that everyone works together when things become tough.



## TIP 11

Team building – Develop activities outside of sport so players can get to know each other



## TIP 12

Lead by example – Have a number of key role models who people can look up to



## TIP 13

Clear expectations – Identify clear expectations to the team. Ask them of their expectations of you as a coach



## TIP 14

Be patient – Building a team culture takes time and it is important that you are patient with the process



## TIP 15

Communicate – Ask the right questions and make sure that you communicate effectively with everyone on the team

