



FOOTBALL
NSW
INSTITUTE

STRUCTURE DOCUMENT
2017 FOOTBALL NSW
INSTITUTE

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EXECUTIVE SUMMARY

OVERVIEW

This paper details the structure for the 2017 Football NSW Institute (**FNSWI**) program, building on our work of 2016 and indeed previous years. Our overall aim is provide our talented young female players a best practice high performance training and playing environment that will hopefully see them progress through to the Westfield W-League and ultimately any of the various National Teams.

VISION

“FNSW will provide talented footballers a training environment, consistent with FFA policies, that delivers the highest standard of coaching and best platform for those players to realise their personal ambitions of becoming a professional footballer and representing their country.”

MISSION

“FNSW, in a collaborative approach with FFA, will develop and deliver the best talented player program nationally, aligned to FFA objectives.”

“The talented player pathways will be easily recognisable to clubs, parents, players and coaches, consistent with the National Curriculum and FFA and FNSW goals and objectives.”

Key Points:

1. Collaboration between FFA and FNSW, with FNSW delivering the daily management of the program
2. Funding model incorporating FFA, FNSW and participant contributions
3. FNSWI Program, and supporting programs, reflect the National Curriculum
 - Discovery Phase delivered by Football Associations
 - **Skills Acquisition and Game Training Phase delivered by FNSW Institute and NPL Clubs**
 - Performance Phase delivered by Clubs (WWL, National Premier League)
4. “Team” of FNSWI coaches led by the FNSW Technical Director

2016 FOOTBALL NSW INSTITUTE STRUCTURE

OVERVIEW

Following is a brief outline of the girl's program conducted in 2016.

PROGRAM DURATION AND COMPOSITION

Duration

The program commenced in November 2015 and concluded in September 2016. The total duration of the program, incorporating a break over the Christmas / New Year period was 40 weeks.

Composition

The program was comprised of a trial period followed by:

- pre-competition training phase conducted over a 12-week period (October to December) between the conclusion of the trials and beginning of the National Premier Leagues NSW Women's leagues;
- competition training phase conducted over a 24-week period (January to August) between the conclusion of the trials and of the respective National Premier Leagues NSW Women's premierships; and
- post-competition training phase (August to September) incorporating the period between the end of the Premiership, participation in the Championship (where relevant), and until the commencement of the trials for the 2016 program.

Goalkeeper Program

Goalkeepers in the FNSWI program participated in specialised goalkeeper training delivered by FNSW Goalkeeper Coaches. Additionally, the keepers joined team training with their respective FNSWI squads.

Additional Learning

FNSWI players were offered additional learning opportunities in the form of participating in the Dallas International Girls Cup which featured world class opposition.

AGE GROUPS AND SQUAD SIZE

There were five 'age' teams in the 2016 FNSWI program girls – U17, U16, U15, U14, and U13 – with each squad consisting of a total of 18 members, 16 outfield players and two goalkeepers.

LEAGUES

The following table outlines which competitions the FNSW Institute teams competed in:

Institute Team	League	Age Grade
U13 Girls	PS4 National Premier League NSW Women's 1	U13
U14 Girls	PS4 National Premier League NSW Women's 1	U15
U15 Girls	PS4 National Premier League NSW Women's 1	U17
U16 Girls	PS4 National Premier League NSW Women's 1	Reserve Grade
U17 Girls	PS4 National Premier League NSW Women's 1	1 st Grade

TRANSITIONS TO STATE TEAMS

Selection to the FNSWI did not itself guarantee selection to the FNSW State Teams.

A separate trials process was conducted in selecting the FNSW State Teams incorporating:

- FNSWI players;
- previous FNSW State Team players;
- players identified at the FNSW State Titles;
- players identified through the FNSW Technical assessment of clubs and competitions; and
- players identified by their Clubs in the NPL NSW Women.

State Teams

The following table list the number of players that qualified through to NSW State representatives teams from the respective FNSWI squads:

State Teams	Selected from the FNSWI	Selected from outside the program
Girls U13 Metro	10	6
Girls U15 Metro	13	3

PROGRESSION TO NATIONAL TEAMS, AIS AND PROFESSIONAL TEAMS

Mini Matilda's

Nine players from the FNSWI were selected in the Under 17's National team who competed at the AFC U16 Women's Championship Qualifiers in Vietnam. One player was additionally selected as a shadow player.

Young Matilda's

Three players from the U17 FNSWI were selected in the Young Matilda's squad who competed at the AFF Women's Championship held in Myanmar.

W-League

Three FNSWI players have been offered contracts for either the Western Sydney Wanderers or Sydney FC clubs competing in the 2016-17 W-League Competition with a further six players being offered a train-on position.

2017 FNSW INSTITUTE STRUCTURE

OVERVIEW

Talented player development is a fundamental responsibility of FFA and FNSW, and is central to the technical outcomes outlined in the FNSW Strategic plan. Specifically, one of the five key performance indicators and strategic goals of the FNSW Strategic Plan is to:

“Deliver and promote a professional, integrated and clear elite development pathway, which lifts the overall technical standard of identified players and coaches throughout NSW and produces world class players”

The FNSW Institute holds the following key principles at its core:

- provide a best practice development environment for talented youth footballers;
- key integration with the FFA’s National team program and coaches;
- deliver consistency in product and experience to all participants;
- align with the FFA’s National Curriculum; and
- provide age appropriate programs for female players.
-

Following is the basic structure for the 2017 program, detailing age groups, squad sizes and progression to State Teams.

AGE GROUPS

In 2017, squads in the Under 13, 14, 15, 16 and 17 age group will be catered for. There exists the possibility that a number of slightly older players (eg. Under 18s) will join the program at the request of the National Matildas coaches in order to support their continued development and work with the national program.

Key Points:

- Consistent with FFA Integrated Talented Player Pathway
- Provides consistent development programs leading into National Championships
- Provides consistent development program with one clear direction
- Prepares players for performance phase with clubs (NPL / WWL)
- Pathway and opportunity for girls

In determining the respective squads of players the following outcomes will be considered:

- maximising further opportunities for players in an elite environment;
- best practice ‘coach v player’ training ratios; and
- depth to cover players being absent to attend national age team camps.

* Note – numbers for the NTC training squad are a guideline only, acknowledging the group will change over the course of the year accommodating National team camps and international competitions.

LEAGUES

For the 2017 season, FNSWI teams will compete in the following Leagues

Institute Team	League	Age Grade
U13 Girls	PS4 National Premier Leagues NSW Women’s 1	U13
U14 Girls	PS4 National Premier Leagues NSW Women’s 1	U15
U15 Girls	PS4 National Premier Leagues NSW Women’s 1	U17
U16 Girls	PS4 National Premier Leagues NSW Women’s 1	Reserve Grade
U17 NTC	PS4 National Premier Leagues NSW Women’s 1	1 st Grade

TRANSITION TO STATE TEAMS

FNSW Metro State Teams

Given the FNSWI comprises the most talented players in their respective age groups, there is an expectation that majority of our State Representative Team’s will be made up of players from the FNSWI. Additionally, it would be expected that any players from regional NSW accepted into the program would be likely to be selected in the FNSW Country State Teams. That said, selection of any FNSWI player to the respective FNSW State Teams is not guaranteed and relies on continued application and development.

A trial process to State Teams will be conducted that incorporates FNSWI players as well as players identified at FNSW State Titles and in the PS4 National Premier Leagues NSW Women’s competitions.

Selection to the FNSW State and NTC Challenge Teams will be made by a panel including the FNSW State Technical Director, FNSW Goal Keeper Coach and State Team Head Coach. FNSWI matches scheduled over the two (2) weekends of National Youth Championship commitments will be deferred.

Key Points:

- FNSW Institute forms the nucleus of the FNSW Metropolitan State and NTC Challenge teams to provide consistency
- Other identification opportunities through State Titles and NPL NSW Women’s competitions to ensure a comprehensive talent identification process is provided
- Deferment of premiership matches during National Championships

Coaching

Appointment of coaches to the FNSW State Metropolitan and NTC Challenge Teams is detailed in the resourcing section of this document.

Briefly, coaches appointed to the FNSW Metropolitan State and NTC Challenge Teams will come predominantly from the “team” of coaches delivering the FNSW Institute programs.

FNSW will establish a separate identification and appointment program for coaches to the FNSW Country State Teams that has the development of regionally based coaches as a strategic priority.

2017 FNSW INSTITUTE SCHEDULE AND OPERATIONS

TRIAL PROCESS

Trials for the 2017 FNSW Institute will be conducted between 2 and 16 October 2016.

National Premier Leagues NSW Women's trials will not commence until 16 October 2016. As such, timing of the trials will not affect the ability of players to seek an opportunity with a club should they be unsuccessful in trialling for the FNSWI.

Trials for the FNSWI will be by invitation to players:

- registered to the 2016 FNSWI;
- selected in FNSW State Teams;
- identified by FNSW at State Titles;
- identified by FNSW Assessors during the 2016 National Premier Leagues NSW Women's competitions; and
- recommended by their clubs as having the potential to be selected in the program.

All trials will be conducted at Valentine Sports Park under the management of the FNSW State Technical team.

Key Points:

- Trial period over 2 weeks
- No Club trials until FNSW Trial have concluded to ensure "best" players are able to attend
- Trials conducted under Technical Management

REGISTRATION

Field Players

Selected field players will be required to self-register on MyFootballClub into the FNSW Institute.

Field players will only be registered with the FNSW Institute. No training or match commitments will be permitted external to the FNSW Institute without the written permission of FNSW.

Goalkeepers

Selected Goalkeepers will be required to self-register on MyFootballClub into the FNSW Institute. Goalkeepers will only be registered with the FNSW Institute. No training or match commitments will be permitted external to the FNSW Institute without the written permission of FNSW.

Training Compensation

All FNSWI players will remain “players of their last registered club” for the purposes of training compensation while participating in the FNSWI program.

Key Points:

- All players registered on MyFootballClub
- Clubs retain “ownership” of FNSWI players for training compensation purposes

PRE-COMPETITION AND TRAINING COMPONENT

The FNSWI teams will participate in a 12-16 week pre-competition phase from November 2016 to March 2017.

There will be a break during this phase of the program over the Christmas / New Year period.

COMPETITION AND TRAINING COMPONENT

The FNSWI teams will participate in FNSW competitions as identified in the table above.

These Leagues will be conducted over an eighteen-week premiership from March to August. Matches will be conducted on weekends except where inclement weather or other factors require rescheduling of fixtures to midweek.

Following completion of the competition period, a three-week Championship series will be conducted in August. FNSWI teams are eligible to compete in the Championship series should they qualify.

FNSWI teams will be eligible to earn points in premiership matches to qualify for the championship series, however matches against the FNSWI will not be considered when calculating the Club Championships. In this manner, all matches have meaning while also maintaining the integrity of the Club Championship.

Key Points:

- 40 week program comprising of:
 - Pre-competition phase
 - Competition and training phase (premiership)
 - Post-competition and training phase (championship)
- Girls FNSWI teams as part of regular season matches
- FNSWI teams eligible for Championship Series
- Matches against FNSWI will not be considered when calculating the Club Championships

PERSONAL INJURY INSURANCE

Registered FNSW Institute players are covered by the FNSW JLT Personal Injury Insurance. The following information is provided as general information.

The Personal Injury insurance provides coverage for injuries sustained while participating in an official FNSW Institute match or training session, travelling to and from a FNSW Institute activity, participation in a FNSW Institute function and participation in FNSW Institute tours or representative matches. This insurance provides for reimbursement of non-Medicare medical benefits including physiotherapy, chiropractic, dental, ambulance and private hospital accommodation. Note physiotherapy is capped at \$350 where surgery is not required. Additional benefits include Student assistance, loss of income and Capital benefits as per the terms of the policy. Exclusions: Section 126 of the Health Insurance Act 1973 (Cth) does not permit the insurer or JLT Trustee to reimburse any part of a Medicare Item (including the Medicare Gap). What is generally not covered includes any item or service that is a Medicare item, including the Medicare Gap, Doctor's fees, Surgeon's Fees, Anaesthetist fees, X-Rays, MRI Scans, public hospital costs, private hospital emergency and/or admission fees and other items noted as per the terms of the policy. It is important to note that you cannot claim if you play against medical advice, have a pre-existing injury, are under the influence of alcohol or drugs, are involved in a criminal act or have a pre-existing illness or disease. (i.e. cancer, heart condition).

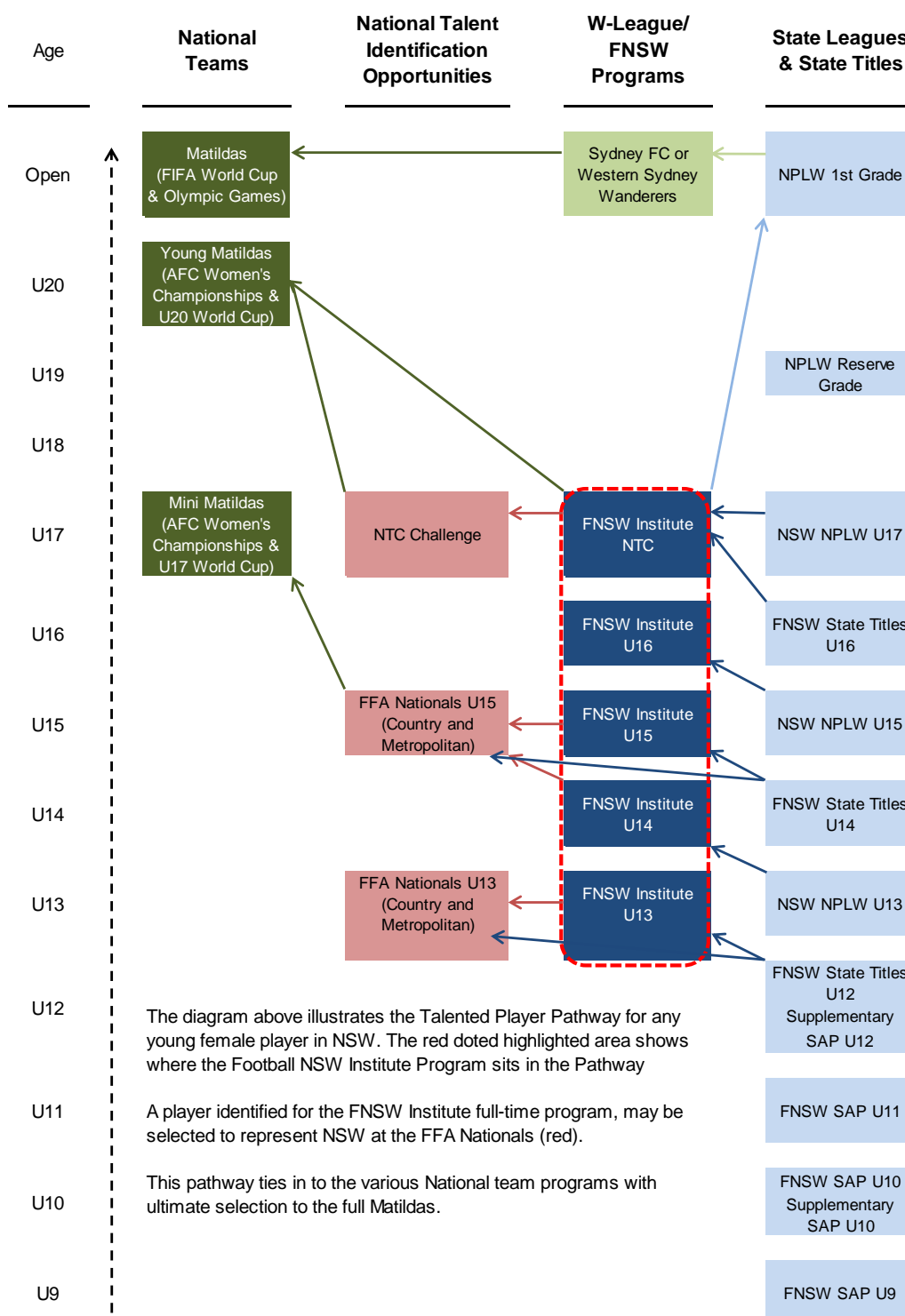
To make a Personal Injury claim visit www.jltsport.com.au/fnsw and access the current claim form or contact Michelle Hanley at Football NSW on 02 8814 4400. Read the claim form in full, then complete Sections A, C and D (if applicable) of the claim form and forward your claim form to Football NSW for completion of Section B.

The Personal Injury Insurance General Information Sheet is included (Annexure 1) for further reference. For more information or to view the policy visit www.jltsport.com.au/fnsw.

2017 FNSWI AND THE FFA INTEGRATED TALENTED PLAYER PATHWAY

DEVELOPMENT CHART – FEMALE FOOTBALL

Following is the development chart demonstrating the FNSWI position underpinning FFA programs within the integrated talented player pathway for women and girls.

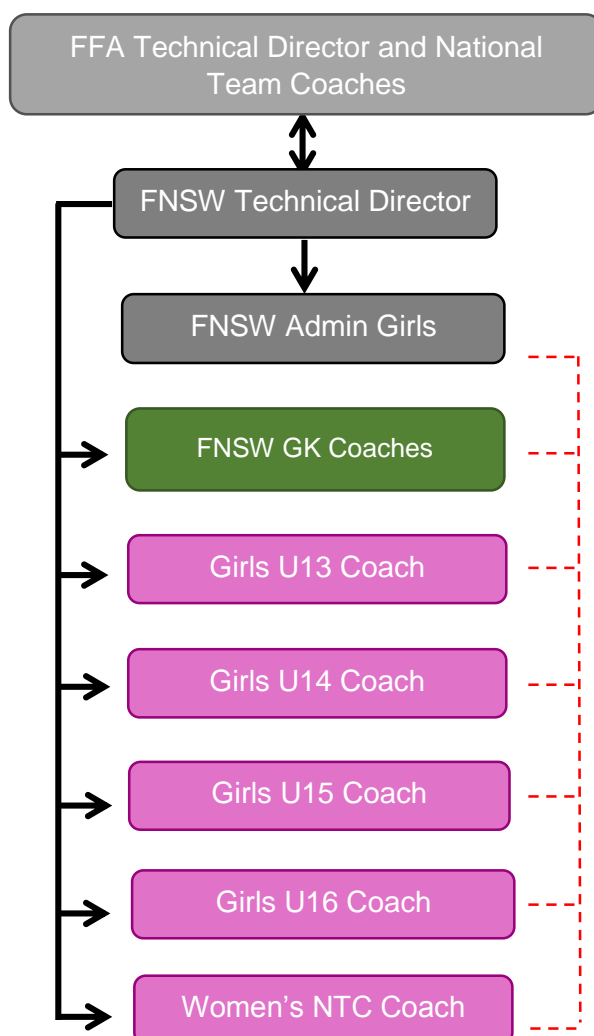


2016 FNSW INSTITUTE RESOURCING

ORGANISATION CHART

Following is the organisation chart supporting the FNSWI program.

Solid black lines in the chart identify reporting lines; dashed red lines identify functional relationships:



FFA TECHNICAL DIRECTOR AND NATIONAL TEAM COACHES

The FFA Technical Director sets the National Curriculum and provides football technical guidance to the FNSW State Technical Director.

It is anticipated that the FFA and FNSW Technical Directors will work closely in ensuring that the FNSWI provides an appropriate learning environment consistent with the National framework and desired outcomes.

FNSW STATE TECHNICAL DIRECTOR

The FNSW State Technical Director will provide regular reports to the FFA Technical Director re: the progress of the FNSWI and players within it.

The FNSW Head of Football will oversee the employment and management of all FNSWI Coaches and Program Administrators

FNSW INSTITUTE COACHES

FNSW Institute Team and Goal Keeper Coaches

The FNSWI coaches will be employed by FNSW in consultation with FFA. FNSWI coaches will report directly to the FNSW Head of Football and provide the best possible learning environment to the players in line with the FFA National Curriculum.

It is expected that the coaches will work together to develop players and provide a best practice learning environment, continually challenging the players and seeking improvement. Consistent and stable programs over a period of time are considered a vital platform in player development.

The Goalkeeper coaches will work with all selected coaches.

FNSW State Team and NTC Challenge Coaches

Preferably, FNSW Metropolitan State and NTC Challenge Teams will be coached by the FNSWI Coach that has led the respective age group team from which player's progress to State Team selection. This position ensures:

- a consistent training environment from FNSWI to State Teams;
- appointment of best identified coaches to guide the best identified players; and
- maximised preparation time for FNSW players leading into the National Championships and NTC Challenge.

Each National Championships team will also be supported by one of the Goalkeeper coaches.

FNSW will implement a separate identification and mentoring program for potential FNSW Country State Teams coaches from the regional areas of FNSW jurisdiction.

FNSW ADMINISTRATION

FNSW will manage the FNSWI Program providing the administrative support required by the players and coaches, including but not limited to; trial advertising, player registrations, communications with parents, venue bookings and program schedules.

FNSW will appoint a match day manager to provide venue and team management support to the coaches and visiting team Club Officials.

AUXILIARY STAFF

FNSW will appoint auxiliary staff to support the head coach, team manager and goal keeper coach during the National Championships, including; medical support (i.e. Certified Sports Trainers or Physiotherapists) and Assistant Coaches.

FNSW will also engage appropriately qualified medical officers (i.e. Certified Sports Trainers) to supply medical coverage at all FNSWI competition matches.

ANNEXURE 1 – PERSONAL INJURY INSURANCE COVER SUMMARY

General Information Sheet

JLT Sport



PERSONAL INJURY INSURANCE



What is Personal Injury Insurance?

Accidents. We never see them coming.

But you can be better prepared with the right personal accident insurance policy.

Personal Accident insurance is designed to offer some peace of mind to members, participants, volunteers etc of an organisation by having protection for certain costs related to an injury sustained whilst involved in an Insured's activity.

<p>What is generally covered ...</p> <ul style="list-style-type: none"> ✓ Physio ✓ Chiro ✓ Dental ✓ Ambulance transport ✓ Private hospital accommodation 	<p>When does Personal Injury Insurance apply?</p> <p>Personal Accident insurance provides coverage for injuries sustained whilst participating in an activity under the following circumstances:</p> <ul style="list-style-type: none"> ✓ An official match or training session ✓ Travelling to and from an official club activity ✓ Participation in an official club function ✓ Tours or representative matches
<p>What is generally NOT covered ...</p> <ul style="list-style-type: none"> * Doctor's Fees * Surgeon's Fees * Anaesthetist Fees * X-rays * Public hospital costs * MRI Scans 	<p>What cover is generally provided within a Personal Injury policy?</p> <ul style="list-style-type: none"> ✓ Capital Benefits – provides cover in the event of death or permanent disability. Please refer to your Programme Summary for full benefit details and limits. ✓ Non-Medicare Medical Benefits – provides reimbursement for items that are not claimable in any way through Medicare. Due to legislation, this does not include the Medicare Gap. ✓ Loss of Income cover – (where included) provides reimbursement of a claimants' weekly income. Please refer to your Programme Summary for full benefit details and limits.
<p>You can't claim if you ...</p> <ul style="list-style-type: none"> * Play against medical advice * Have a pre-existing injury * Are under the influence of alcohol or drugs * Are involved in a criminal act * Have a pre-existing illness or disease (i.e. cancer, heart condition) 	<p>Examples of Personal Injury Claims</p> <p>Capital Benefit – a participant loses permanent sight in one eye due to a sporting injury. The claimant can claim for permanent disablement under this section.</p> <p>Non-Medicare Medical Benefits – a participant requires a knee reconstruction resulting from a sporting injury. A claim can be made through this section of the policy for items not covered in part by Medicare.</p> <p>Loss of Income (where covered by the sport) – Bill is a builder and is unable to work due to breaking his leg whilst playing. His loss of earnings (not including sick leave) can be claimed under this section of the policy.</p>
	<p>How do I make a Personal Injury claim?</p> <ul style="list-style-type: none"> • Step 1 – access a current claim form from the JLT Sport website • Step 2 – complete all relevant sections of the claim form • Step 3 – send your claim form to your nominated claims advisor as soon as possible* • Step 4 – your claims advisor will confirm receipt of your claim <p><small>* Please note – most policies have a time limit in which to submit your claim form</small></p>

www.jltsport.com.au

General Advice Warning: The information contained herein is of a general nature only, it does not take into account your individual needs or financial situation. This document must be read in conjunction with your organisation's specific coverage details and documentation including the Policy Wording and/or Product Disclosure Statement. For copies of these documents, please refer to www.jltsport.com.au

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