



FOOTBALL  
NSW

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# STRUCTURE DOCUMENT

2018 GIRLS SKILL ACQUISITION PROGRAM

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EXECUTIVE SUMMARY .....	2
2018 GIRLS SAP STRUCTURE .....	4
2018 GIRLS SAP MANAGEMENT AND OPERATIONS .....	7
2018 GIRLS SAP FINANCIAL MODEL .....	12

## EXECUTIVE SUMMARY

### Overview

This paper details Football NSW (**FNSW**) structure for the 2018 Girls Skill Acquisition Program (**GIRLS SAP**).

During 2013 FNSW conducted a Women's Football Review to make recommendations to the FNSW Board in consideration of women's and girl's competition structures, development programs, coach education, refereeing, and connection of grassroots football through FNSW to the W-League and Matildas.

The Panel consulted with the broader football community through receipt of submissions and conduct of a town hall meeting. Key principles of the review were alignment with the National direction and outcomes of the FFA Women's Competition Review, parity of women's to men's football and providing the optimal structure for women's football in the NSW environment, thus enhancing participant development and experience.

One of the Review outcomes endorsed by the FNSW Board was the development of a supplementary training program, conducted parallel to the existing Skill Acquisition Program, which provides additional training for a broader number of Girls while allowing them to continue participation in local grassroots football.

The supplementary training program was achieved in 2014 through the introduction of the Girls Supplementary SAP. The program was created to support the National Premier League NSW Women's Club's in providing best practice environments to supplement the training Girls receive at their grassroots clubs, offering a development opportunity and outcome that will increase the skill level of Girls entering the talented player pathway competitions.

Through the 2015 season it was identified that the supplementary program needed to be brought into a more structured environment. The supplementary program identified challenges with structured match days, calendar dates and varied training environments across programs.

With the support of the Football NSW Women's Standing Committee it was the view that the Girls supplementary SAP program further progressed into a structured program. For the 2016 season the Girls Skill Acquisition Program (Girls SAP) was delivered in a part time fortnightly league format that afforded players the ability to register with a Community Football Club as well as a Girls SAP Licensee.

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Football NSW reviewed the program during the 2016 season and in consideration of the support and feedback received from the Women's Standing Committee and the stake holders, it was resolved that the Girls SAP. further evolved into two format options for the 2017 season. Option one, was for successful SAP applicants to deliver a full time weekly SAP opportunity. Option two was for successful SAP applicants to deliver a Girls SAP in the part time, fortnightly format. Football NSW worked directly with each successful Girls SAP applicant to understand the preferred model of delivery of their respective Girls SAP during the 2017 season.

During 2017, FNSW conducted the 2018 Women's Football Review to make recommendations to the FNSW Board in consideration of women's and girl's competition structures. One of the key review outcomes endorsed by the FNSW Board was the further evolve the Girls Skill Acquisition Program by increasing the age grades to U10, U11, U12, and for the first time, the U13 age grade to be moved into the SAP structure. It has also been resolved that the Girls SAP will continue to offer two format options for the 2018 season. Option one, will be for successful SAP applicants to deliver a full time weekly SAP opportunity. Option two will be for successful SAP applicants to deliver a Girls SAP in the current part time, fortnightly format. Football NSW will work directly with each successful Girls SAP applicant to understand the preferred model of delivery of their respective Girls SAP for the 2018 season.

## **2018 GIRLS SAP VISION**

*"FNSW will provide young female players an opportunity to experience an enhanced training environment, above that provided in community football that will prepare them for the technical and tactical challenges of National Premier Leagues NSW Women's Competitions"*

## **2018 GIRLS SAP MISSION**

*"To support the National Premier League NSW Women's Club's in providing best practice environments to supplement the training Girls receive at their grassroots clubs, offering a development opportunity and outcome that will increase the skill level of Girls entering the talented player pathway competitions"*

# 2018 GIRLS SAP STRUCTURE

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## Overview

The 2018 Girls SAP structure has been developed by the FNSW Football Competitions Department with significant contribution by the FNSW Women's Standing Committee and FNSW Technical Department based on key learnings from the 2014 – 2017 Girls SAP:

The 2018 Girls SAP schedule will comprise the following phases:

- Girls SAP license Application Process
- Trial phase
- Training phase
- Game phase facilitated by FNSW
- Gala Days facilitated by FNSW

FNSW will provide successful applicants with the outline structure and philosophy of Girls SAP. It will be the responsibility of the licensee to deliver the program to their players in accordance with FNSW guidelines.

FNSW will not directly coach Girls SAP teams. FNSW resources will be directed toward providing education to licensee coaches and assessment of program delivery. – This has not happened to date the committee said.

## Grades

Grades for 2018 Girls SAP will be U10, U11, U12 and U13.

Birthdates to qualify for the age grades will be:

- U10 – born on or after 1 January 2008
- U11 – born on or after 1 January 2007
- U12 – born on or after 1 January 2006
- U13 – born on or after 1 January 2005

## Key Points:

- Grades of U10, U11, U12, U13 underpin the National Premier Leagues Women's
- 2018 GIRLS SAP philosophy will be consistent with the FFA National Curriculum

## Part Time Program Registrations

All players in the 2018 Girls SAP must be registered on MyFootballClub.

All players will be required to register with a local community football Club in the Region in which the Girls SAP Club is located in and register with a Girls SAP Club/Association. This principle is similar to the 2017 Girls SAP season.

## Full Time Program Registrations

All players in the 2018 Girls SAP must be registered on MyFootballClub.

All players will be ineligible to register with a local community football Club and will only be eligible to register with the Girls SAP as selected by the Licensee.

To provide development opportunities for players in close proximity to their place of residence, and ensure pathways are available across the state, 2018 Girls SAP licensees will only be permitted to register players from the following areas;

- FNSW State Titles Boundaries in which the home ground is located of licenses that are FNSW Football Associations, Branches or Clubs

Additionally, a child who fits within the following categories is eligible to participate in a Girls SAP program conducted by a particular licensee in 2018 even if that child lives outside the applicable geographic area:

- A child who was a registered player in the Clubs Girls Skill Acquisition Program for season 2017; or
- A child of a person who is a Life Member of the licensee or had been for at least 10 years a combination of any of the following: a registered player at the licensee or a director of the licensee or a member of the Management Committee (or similar committee in the event of there not being a Management Committee) of the licensee
- FNSW may provide exemptions for players to participate out of area should they believe there is genuine merit in the application. The exemptions will remain valid for the duration of the player's participation in SAP unless their circumstances supporting the exemption change or they seek to change Clubs

The State titles boundaries are:

State Titles Region	Comprised of
Met North	North West Sydney Women's Football, Manly Warringah FA
Met South	Bankstown District AFA, Macarthur FA, Southern Districts SFA
Met West	Blacktown District SFA, Granville & District SFA, Nepean District FA
Met East	Canterbury District SFA, Eastern Suburbs FA, St George FA
Met Far North	Central Coast Football, Northern Suburbs FA
Met Far South	Football South Coast, Sutherland Shire FA
Riverina	Griffith & District AFA, South West Slopes FA, Football Albury Wodonga, Wagga Wagga & District FA
Southern	Eurobodalla FA, Far South Coast FA, Highlands FA, Shoalhaven District FA, Southern Tablelands FA
Western	Dubbo & District FA, Lachlan AFA, Orange & District FA, Western Plains FA, Lithgow FA, Bathurst FA

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## Players Per Team

Permissible players per team for Girls SAP have been developed taking into consideration preferred team numbers contained from the FNSW Technical Department, specifically:

Age Group	Field Players	Substitutes	Team Total	Licensee Squad Totals
U10	9	3-5	<b>12 - 14</b>	<b>12 - 14</b>
U11	9	3-5	<b>12 - 14</b>	<b>12 - 14</b>
U12	9	3-5	<b>12 - 14</b>	<b>12 - 14</b>
U13	10	3-5	<b>13 - 15</b>	<b>13 - 15</b>

Girls SAP licensees will be required to administer one (1) team in each age group only.

## Application Process

FNSW has provided application forms to all eligible stakeholders who submitted a register of interest by the required deadline.

# 2018 GIRLS SAP MANAGEMENT AND OPERATIONS

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## Trial Phase

The **trial phase** for the 2018 GIRLS SAP will be set during the following period:

Commencement: Sunday 22 October 2017

Conclusion: Friday 15 December 2017

Licensees are responsible for conducting trials for their respective programs within the prescribed trials dates.

## Training Phase

The **training phase** for the 2018 Girls SAP will be set during the following period (incorporating a break over the Christmas and New Year period):

Commencement: November 2017

Conclusion: August 2018

During this period, licensees must deliver training based activities in accordance with the FFA National Curriculum and any policy communicated by FNSW. The number of contacts per week in the training phase is as follows:

Part Time Program

- 2 sessions and 1 Club session per week for training phase

Full Time Program

- 3 sessions per week for training phase

Licensees will be permitted to coordinate their own friendly matches with Clubs or Association's affiliated to Football NSW during the training phase. Scheduling of friendly matches against non-affiliated teams is not permitted. All trial matches need to be approved by Football NSW, with the licensees required to submit trial match application forms to Football NSW.

## Game Phase

The **game phase** for the 2018 Girls SAP will be set during the following period:

Commencement: March 2018

Conclusion: August 2018

The number of contacts per week in the game phase is as follows:

Part Time Program

- 1 Girls SAP game every 2nd week and 1 Local Club match per week for game phase

Full Time Program

- 1 game per week for game phase

Following declaration of successful Girls SAP applicants, Football NSW :

- may divide the licensees into geographic conferences;
- may develop a schedule of matches for the licensees within their conferences which will be played on a weekly basis similar to the match schedule currently in operation for the Skill Acquisition Program; and
- Will schedule Gala Days during the season at which all licensees will be invited to participate, as well as Girls SAP programs from other Member Federations

With the exception of the Gala Days, all matches will be scheduled at the licensee stadiums approved by Football NSW. Confirmation of match schedules will be coordinated by Football NSW Competitions staff in consultation with the individual licensees.

## Match Format

To ensure optimal development opportunities in Girls SAP, and provide a consistent platform underpinning Football NSW programs and competitions, Girls SAP match formats will reflect the FFA Small Sided Football formula. These formations provide a logical progression to the 1-4-3-3 National Curriculum preferred formation which will be implemented in the U14 age group of the National Premier Leagues NSW Women's competitions.

Age Group	Players per Team	Formation
U10, U11, U12	9 v 9	1-3-2-3
U13	10 v 10	1-3-3-3 or 1-4-2-3

### Key Points:

- Formations as per FFA policy
- Formations provide logical progression and development to U14 programs

## Rules and Regulations

Prior to the commencement of the 2018 Girls SAP; playing systems, rule adjustments and development outcomes will be specified by FNSW with a view of creating a superior learning environment for our promising players within the skill acquisition phase of player development.

Following is detail on specific rules and regulations that will be implemented for the Girls SAP 2018:

### Field Dimensions

Participating Clubs will be required to adhere to the FFA Small Sided Football Guidelines during the Girls SAP game phase, except where amended below (i.e. goals cannot be identified by markers or poles):

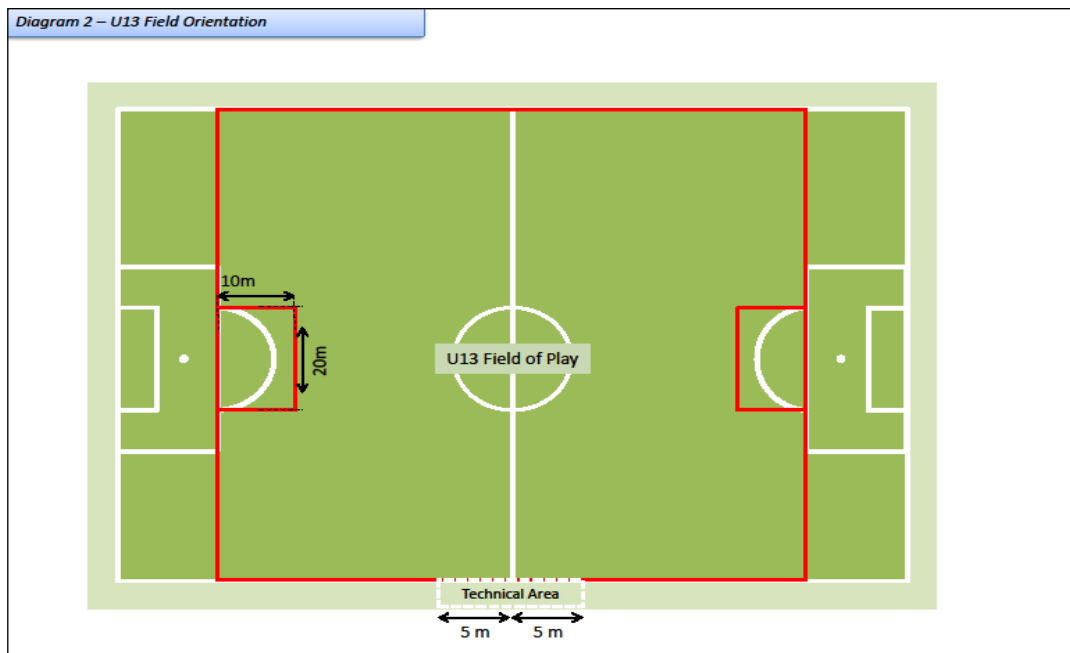
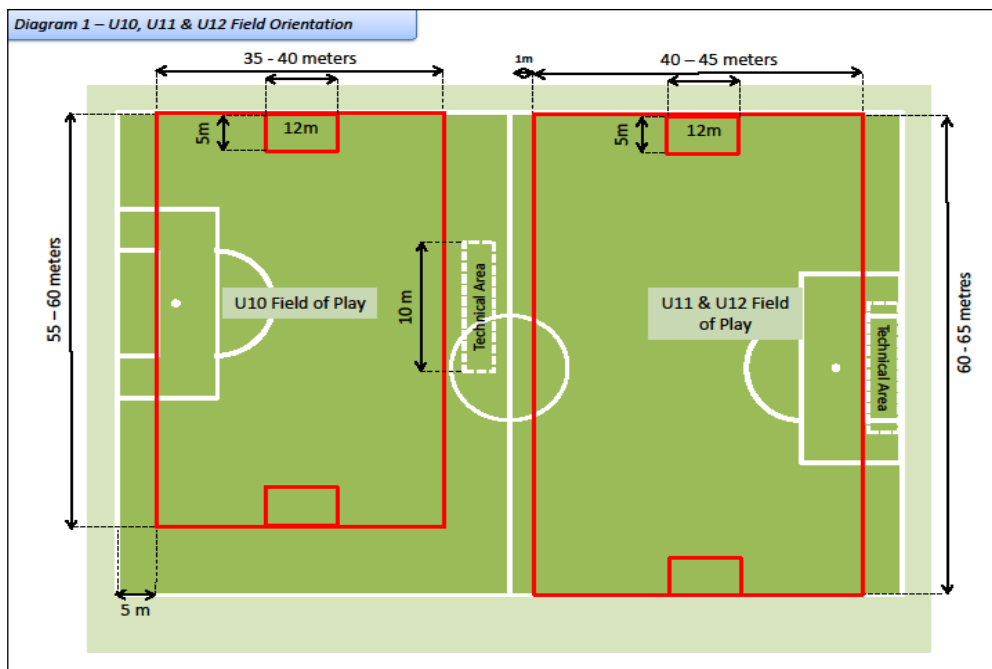
Category	U10	U11 & U12	U13
Field size	Length: 55m - 60m Width: 35m - 40m	Length: 60m - 70m Width: 40m - 50m	Length: Box to Box Width: 55m - 60m
Exclusion Zone (similar to 25m rule)	10m from goal line	10m from goal line	20m from goal line
Field markings	Markers or lines markings or combination	Markers or lines markings or combination	Markers or lines markings or combination
Penalty area	Depth: 5m Width: 12m	Depth: 5m Width: 12m	Depth: 10m Width: 25m *Marking with Flat Discs
Goal size	Height: 2m Width: 5m	Height: 2m Width: 5m	Height: 2m Width: 5m
Goal type	Portable Goals	Portable Goals	Portable Goals

Matches will be scheduled over three (3) time slots, as follows:

Match Slot	Age Grade
1A	U10 Match
1B	U11 Match
2	U12 match
3	U13 match



Following is the preferred field orientation for each age group:



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## **Apparel**

Match apparel is to be supplied by the licensees, and must include the following items at a minimum;

- playing shirt x 1
- playing short x 1
- playing socks x 1
- tracksuit (jacket and pants) x 1
- training shirt x 1
- training shorts x 1
- training socks x 1
- polo shirt x 1
- kit bag x 1

The above apparel is to be provided within the cost of the program, i.e. a fee for the apparel cannot be charged over and above the registration fee.

## **League Tables and Points**

No league tables will be kept during the game phase of the 2018 Girls SAP. This was a key initiative in the 2017 Girls SAP, setting the platform for an environment where development was the sole focus of all coaches.

## **Finals Series**

There will be no finals series at the conclusion of the Girls SAP 2018 game phase.

## **Gala Days**

Football NSW will conduct two (2) Gala Days during the 2018 season.

All Girls SAP Licensees will be invited to participate, as will programs from other FFA Member Federations.

The Gala Days will provide an opportunity for the teams to play against teams from the other Girls SAP regions, and provide them an opportunity to appreciate their participation in a development program an opportunity that spans the State.

## **Relative Age Effect**

RAE will continue in the 2018 Girls SAP, with approval and ongoing monitoring of RAE players conducted in collaboration between the Head of Elite Football Development & Education and Licensee Technical Directors. FNSW will communicate a separate document in due course directly related to RAE.

## **Coaching**

Appointment of individual head coaches to all grades of Girls SAP is mandatory.

Coaches are required to have a C Licence – Youth qualification to coach Girls SAP. If a coach does not have a C-Licence – Youth qualification, he/she will be required to enrol in a C Licence – Youth course to be completed prior to the commencement of 2018 Girls SAP season or paid to be part of a C-Licence course that will be conducted during the 2018 season.

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## Referees - Game Leaders

In 2018, it will again be the licensees' responsibility to appoint **instructing referees** or game leaders to their home Girls SAP matches.

FNSW will communicate a separate document in due course directly related to the role of the Instructing referee

## Regional Girls SAP Competition Phase

Due to geographical and player registration obstacles, special consideration will be provided to Football NSW Regional Branches in conducting 2018 Girls SAP.

Each Branch will be required to deliver the trial and training phases of the 2018 Girls SAP in a consistent manner with the Sydney metropolitan license holders.

FNSW may however make consideration to the game phase for Branches, including:

- increased ratio of home v away matches;
- possible periodic participation in matches (i.e. once a month); and
- Regional gala weekends hosted on a rotational basis by the branches.

A more detailed plan for regional Branch participation through the game phase will be developed in consultation with the FNSW Regional Coach and Development Managers to ensure specificity and relevance to the environment of each branch is achieved.

## Assessment, Education and Review

FNSW will schedule a series of workshops and assessments, to provide ongoing feedback to 2018 Girls SAP licensee and the broader community football stakeholders. The workshops will focus on the skill acquisition phase of football development.

Assessment of individual programs by FNSW will form the basis of the annual review process of program delivery. Assessment will incorporate review of submitted youth training plans, football plans and a methodological analysis of coach and player activity during the training and game phases, measured against the FFA National Curriculum and other identified FNSW development principles.

Outcomes of the technical assessment will be communicated to the football community during the season and also in an annual Girls SAP Technical Report authored by the Football NSW Technical Director and presented at the end of the 2018 football season.

# 2018 GIRLS SAP FINANCIAL MODEL

## 2018 Registration Fee

On review of the fee, FNSW proposes to implement a capped fee, this is a similar approach taken for youth and SAP Football administered by FNSW.

Approved Girls SAP Clubs are responsible for setting fees for participation in their program.

The fee must consider:

- FFA and FNSW compulsory fees;
- access to training facilities;
- qualified coaching as defined by Football NSW;
- training and match apparel as defined in this document;
- medical support; and
- any other administrative or coaching responsibility of the Club.

Licensees will not be permitted to charge participants for any goods or service in the program beyond the capped fee.

Licensees will be permitted to offer a fee less than the cap, should their business model deliver a reduction of cost to the participant while maintaining the compulsory Football NSW and FFA fees.

## Sample Part Time Registration Fee

An example fee structure to be levied by a part time Girls SAP Club is as follows (inc GST):

Fee Component	Value
FFA National Registration Fee	N/A – paid to the grassroots Club
FNSW Registration (including accident support)	N/A – paid to the grassroots Club
FNSW Administration Fee Per Player	\$25
Girls SAP Club Fee	\$750

For clarity, The FFA National Registration Fee and Football NSW Grassroots capitation fee will only be paid once by any player in a part time Girls SAP. Those fees will be paid as part of their registration to grassroots football.

## Sample Full Time Registration Fee

An example fee structure to be levied by a full time Girls SAP Club is as follows (inc GST):

Fee Component	Value
FFA National Registration Fee	\$12.60
FNSW Registration (including accident support)	\$44.80
FNSW Administration Fee Per Player	\$50
Girls SAP Club Fee	\$750
Club Fee	\$1,392.60
Total	\$1,500 (inc GST)

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## 2018 Administration Fee

Costs for the following services, directly attributable to delivering the 2018 Girls SAP, will be financed from an administration fee of \$25 for part time Girls SAP and \$50 for full time Girls SAP levied against all players in the program:

- Review and issuing of Girls SAP licenses
- Development of Girls SAP rules and regulations
- Ongoing Assessment of Girls SAP delivery through the 2018 season
- Development and delivery of two (2) x Girls SAP Coaches Workshops
- Development and administration of the Girls SAP game phase
- Delivery of two (2) Girls SAP Gala Days
- Comprehensive review of the 2018 Girls SAP in planning for the delivery of the 2019 season

All other costs are the responsibility of the licensees.



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