



**FOOTBALL
NSW
STATE TEAM**

**STRUCTURE DOCUMENT
2019 FOOTBALL NSW
STATE TEAMS – GIRLS 14, 15 &
NTC**

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SECTION 1: EXECUTIVE SUMMARY

OVERVIEW

This paper details the administration and processes of Football NSW (**FNSW**) State Teams for the 2019 season.

The 2019 FFA Nationals (**Nationals**) tournament and age groups are contained in the following table:

2018 FFA Tournament	Gender	Age Group	FNSW Teams
National Youth Championships	Girls	U14 & U15	1 Country and 1 Metropolitan
National Training Centre Challenge	Girls	U17	1 NSW Team

VISION

“Football NSW will create a professional football program for talented footballers consistent with the FFA National Curriculum. We will develop and deliver a professional and unified elite program which lifts the overall technical ability of our talented players and coaches resulting in production of world class players”.

MISSION

“Football NSW will provide a positive football experience for player’s, parents and coaches. Our emphasis is on player development and while development and success are a priority, so is good sportsmanship and what is best for the team. Were Blue, Were Proud typifies our attitude and belief in both ourselves and how we go about our business. The Football NSW “team” is only as good as the individuals that form it”.

SECTION 2: 2018 FNSW GIRLS STATE TEAMS

OVERVIEW

FNSW State Teams form an integral part of the National Player Pathway. Players selected will have the opportunity to compete at the FFA National Youth Championships (**NYC**) or the FFA National Training Centre (**NTC**) Challenge and be exposed to both the highest level of football available and the expertise of FNSW /FFA State and National selectors and coaches. From these tournaments, players will be identified for future selection into FNSW Elite Programs, National Training Centres, National Youth Teams, and W League Teams etc.

Players who are involved in the State Team process should value the opportunity to train and develop amongst the best players in NSW under the guidance of experienced and qualified State Team coaches.

FNSW State Teams hold the following key principles at its core:

- Develop and deliver a professional program and service to elite athletes and coaches within NSW.
- Assist identified athletes and coaches to achieve excellence and success at State, National and International level.
- Support targeted athletes in their preparation for State and National Championships.
- Utilise the National Curriculum to shape players performance.

AGE GROUPS

The following age group Championships will be conducted by FFA for girls in 2019:

- U14 (for players born on or after 1 January 2005)
- U15 (for players born on or after 1 January 2004)
- NTC U17 (for players born on or after 1 January 2002)

SQUAD NUMBERS

Age group	Outfield players	Goal Keepers	Shadow players	Total
U14	14	2	4 (3 outfield + 1 GK)	20
U15	14	2	4 (3 outfield + 1 GK)	20
NTC Girls U17	16	2	4 (3 outfield + 1 GK)	22

Only the final 16 players will be required to attend the National Youth Championships and final 18 players to attend the National Training Centre Challenge. Shadow players **may** be called upon at any time but only if needed due to injury, illness or unforeseen circumstances.

FNSW will be entering 1 Country and 1 Metropolitan team per age group of the National Youth Championships, and 1 NSW team for the NTC Challenge.

The following teams will be participating at the 2019 FFA Girls National Youth Championships and FFA Girls NTC Challenge to represent FNSW:

Age Group	Gender	Team	FFA National Championships
U14	Girls	Metropolitan	July
U14	Girls	Country	July
U15	Girls	Metropolitan	July
U15	Girls	Country	July
U17	Girls	NSW	July

SECTION 3: 2019 FNSW GIRLS STATE TEAMS SCHEDULE AND OPERATIONS

COMPETITION DATES

Competition:	FFA Girls National Youth Championships 2019 FFA Girls NTC Challenge 2019
Tournament dates:	Girls NYC: Monday 15 th July – Friday 19 th July Girls NTC: Monday 22 nd July – Friday 26 th July
Venue:	NYC 2019 – C.ex International Stadium, Coffs Harbour NTC 2019 – AIS, Canberra ACT

IDENTIFICATION

All players selected to trial shall be **identified** by one or more of the following criteria:

- Any age eligible player with State Team involvement in 2018
- Any age eligible player within FNSW Institute programs
- Any age eligible player within FNSW regional development programs **and invited to trial**
- Any age eligible player identified at a State Titles tournament in 2018 **and invited to trial**
- Any age eligible player identified in National Premier Leagues NSW Women's 1 & 2 competitions **and invited to trial**
- Any age eligible player identified in regional training/competitions **and invited to trial**

TRIAL PROCESS

The trial process for Country and Metropolitan State Teams and NTC squads are different in selection and preparation.

Country State Teams will participate in a series of camps where players will be monitored and assessed for possible selection. The camps also enable development opportunities for regional players and form part of the preparation phase for best performance at Nationals.

Metropolitan State Teams and NTC will identify players from National Premier Leagues NSW Women's 1 & 2 competitions who will be invited into FNSW Institute training sessions and from this, players will be assessed for possible selection.

Specific details of the processes for each Country and Metropolitan State Team and NTC squads are presented in the later sections of this document.

SECTION 5: 2019 FNSW STATE TEAMS – METROPOLITAN GIRLS U14 & U15
CALENDAR OF EVENTS

MONTH	Jan-19				Feb-19				Mar-19				Apr-19				May-19				Jun-19				Jul-19											
WEEKEND (ending Sunday)	6	13	20	27	3	10	17	24	3	10	17	24	31	7	14	21	28	5	12	19	26	2	9	16	23	30	7	14	21	28						
<i>Metro Girls 2019 - U/14 & U/15</i>																																				
<i>Training and Selection Girls National Youth Championships FNSW State Titles U/12, U/14</i>																																				15-19

PRE-COMPETITION TRAINING AND SELECTION
May to July 2019

- Activity: Training and Selection*
- Location: Valentine Sports Park, Glenwood*

July – Friday 12 to Sunday 14 2019

- Activity: Preparation Camp*
- Location: Valentine Sports Park, Glenwood*

July – Monday 15 to Friday 19 2019

- Activity: FFA National Youth Championships*
- Location: C.ex International Stadium, Coffs Harbour*

SELECTION PHASE

Identified players from National Premier Leagues NSW Women’s 1 & 2 competitions will be invited to participate in FNSW Institute training sessions from March through to June. Players will be monitored and assessed for possible selection. By June, the two squads of 16 players will be announced, along with shadow players who may be called upon in the event of injury, illness or unforeseen circumstances.

DEVELOPMENT PHASE

The two squads of 16 players selected, and any shadow players, will be required to attend weekly sessions leading up to the tournament. Players will be advised upon selection of their weekly training schedule.

PREPARATION PHASE

Along with the weekly training sessions leading up to the National Championships, the final 16 players for each squad will attend a Preparation Camp in order to prepare the squad for the live-in environment at Nationals and to better prepare them for competition.

Country NSW Preparation Camp

- **Dates:** July – Friday 12 to Sunday 14, 2019
- **Location:** Valentine Sports Park, Glenwood
- **Cost:** \$300.00 (Inc. GST)

This camp will be held at Valentine Sports Park on the weekend prior to the tournament commencing. Players will travel to Coffs Harbour as a team by bus on the Sunday and will remain with FNSW thereafter for the duration of the tournament.

SELECTION PROCESS

- Step 1: Identified players will be invited to attend FNSW Institute training sessions from March to June to be assessed for possible selection.
- Step 2: Players may be invited or released from this process at any stage during the selection period.
- Step 3: By June, the two squads of 16 players will be selected, along with shadow players who will continue to train and develop with the squad. In the event of injury, illness or unforeseen circumstances, a shadow player may be called into the team as a replacement.
- Step 5: Only the final 16 selected players for each squad will be required to attend the preparation camp and National Championships. Shadow players may be called upon only if needed due to injury, illness or unforeseen circumstances.

NOTIFICATION

Following each phase of the selection and development process, players will be notified by email to advise of their position and whether they are required to attend the following phase. Details of the next phase of the process will be provided to successful players at the appropriate time.

PLEASE NOTE THAT THE TRAINING SCHEDULE AND DETAILS PROVIDED HEREIN ARE SUBJECT TO CHANGE. ANY CHANGES WILL BE NOTIFIED AT THE SOONEST CONVENIENCE VIA EMAIL.

SECTION 6: 2019 FNSW STATE TEAMS – NTC GIRLS

CALENDAR OF EVENTS

MONTH	Jan-19			Feb-19			Mar-19			Apr-19			May-19			Jun-19			Jul-19											
WEEKEND (ending Sunday)	6	13	20	27	3	10	17	24	3	10	17	24	31	7	14	21	28	5	12	19	26	2	9	16	23	30	7	14	21	28
National Training Centre 2019																														
NTC Challenge Girls U/17																														22-26

PRE-COMPETITION TRAINING AND SELECTION

May to July 2018

- **Activity:** *Trials and Training*
- **Location:** *Valentine Sports Park, Glenwood*

July – Monday 22 to Friday 26 July 2019

- **Activity:** *FFA NTC Challenge*
- **Location:** *AIS Canberra ACT*

SELECTION PHASE

Identified players from National Premier Leagues NSW Women's 1 & 2 competitions will be invited to participate in FNSW Institute NTC training sessions from March through to June. Players will be monitored and assessed for possible selection. By June, the final 18 players will be announced, along with shadow players who may be called upon in the event of injury, illness or unforeseen circumstances.

DEVELOPMENT AND PREPARATION PHASE

The two squads of 18 players selected, and any shadow players, will be required to attend weekly sessions leading up to the tournament. Players will be advised upon selection of their weekly training schedule.

SELECTION PROCESS

- Step 1: Identified players will be invited to attend FNSW Institute NTC training sessions from March to June to be assessed for possible selection.
- Step 2: Players may be invited or released from this process at any stage during the selection period.
- Step 3: By June, the two squads of 16 players will be selected, along with shadow players who will continue to train and develop with the squad. In the event of injury, illness or unforeseen circumstances, a shadow player may be called into the team as a replacement.
- Step 5: Only the final 18 selected players for each squad will be required to attend the preparation camp and National Championships. Shadow players may be called upon only if needed due to injury, illness or unforeseen circumstances.

NOTIFICATION

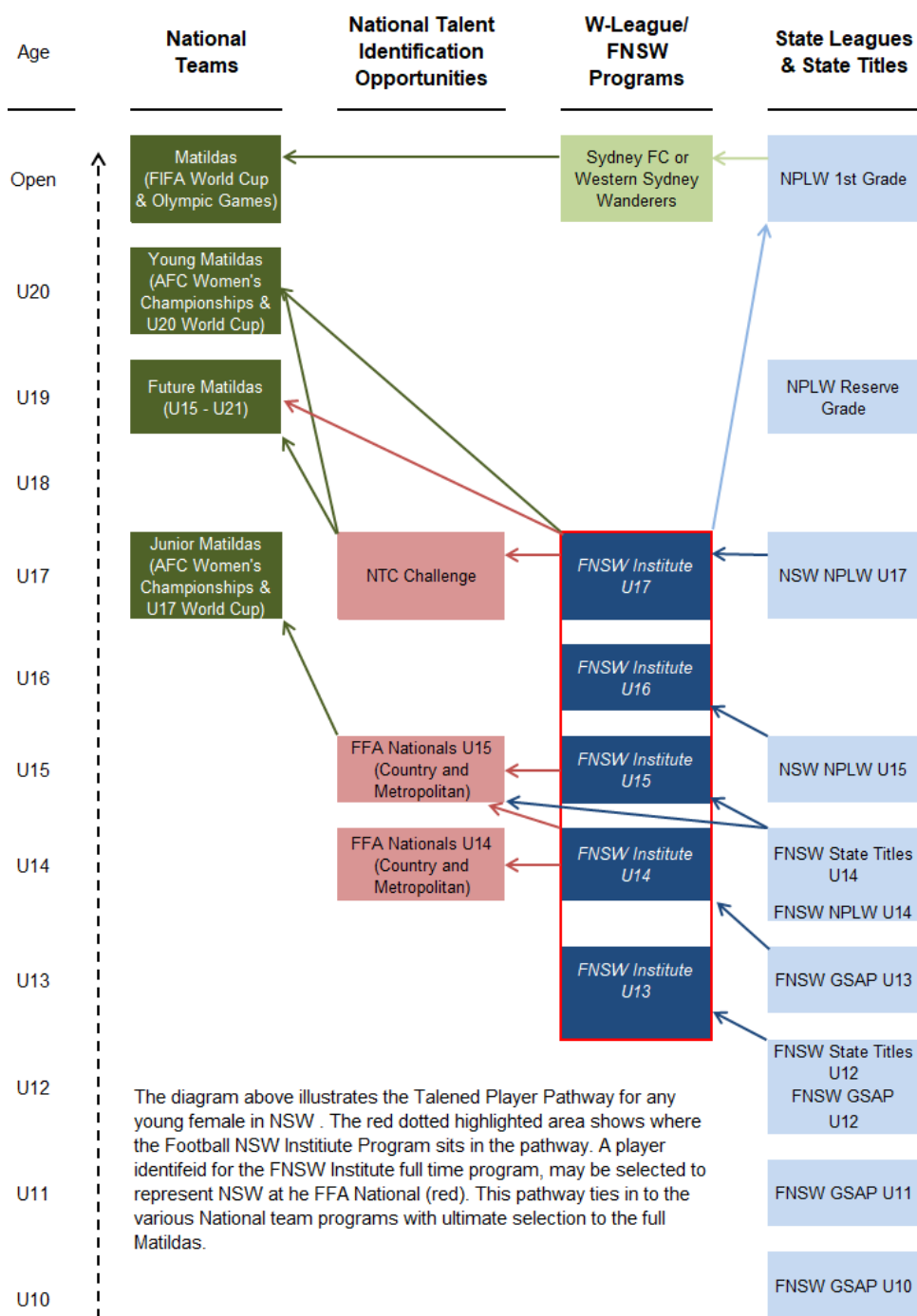
Following each phase of the selection and development process, players will be notified by email to advise of their position and whether they are required to attend the following phase. Details for the next phase of the process will be provided to successful players at the appropriate time.

PLEASE NOTE THAT THE TRAINING SCHEDULE AND DETAILS PROVIDED HEREIN ARE SUBJECT TO CHANGE. ANY CHANGES WILL BE NOTIFIED AT THE SOONEST CONVENIENCE VIA EMAIL.

SECTION 7: 2019 FNSW STATE TEAMS – RELATIONSHIP TO THE FFA INTEGRATED TALENTED PLAYER PATHWAY

DEVELOPMENT CHART – FEMALE FOOTBALL

Following is the development chart demonstrating FNSW State Teams' position underpinning FFA programs within the integrated talented player pathway for women and girls.



ANNEX 1: FNSW STATE TEAM CULTURE

Developing a team culture is of high importance to FNSW to develop an environment within the program that not only develops a player's footballing talent, but also enables leadership qualities, individual responsibility on a personal level and professionalism within an elite environment.

Developing effective team culture is achieved by establishing leaders within the team. The goal and objective are to identify a leadership group for each team.

Traditionally, football teams have one leader, a captain, appointed by the coach. Whilst recognising the importance a captain plays within a team, FNSW believes that establishing a group of leaders, rather than having just one individual leader, is far more effective. Reasons for this include;

- Increased leadership responsibilities amongst the team;
- Enabling the team to have more than one leader on the field at any one time; and
- The ability to challenge members of the team without excluding one member alone.

In the FNSW State Teams Program, the Leadership Group is appointed by its peers through a voting system. In addition to identifying leaders, the process is important in developing and fostering players for future representative teams.

ESTABLISHING THE LEADERSHIP GROUP

- Step 1: Players will complete a leadership nomination form. Players elect team mates on the basis of who they identify as a leader. The point system is a 3, 2, 1 based system.
- Step 2: A Leadership Group will be formed of between 3-4 players. One player from among that group will be appointed the Team Captain.
- Step 3: Tasks will be assigned to the Leadership Group with individual roles being assigned to each member of that group as well as to the Leadership Group as a whole.

MENTORING THE LEADERSHIP GROUP

The Head Coach and staff will mentor the Leadership Group throughout the training process and competition. The Head Coach will convene team meetings after some training/camps/competition. These meeting will be conducted with staff and players present.

ANNEX 2: FNSW STATE TEAM AGREEMENT

TERMS AND CONDITIONS FOR PARTICIPATION IN A FOOTBALL NSW STATE TEAM

I/We, being the parent or legal guardian of the Player, agree to the terms and conditions for participation of my/our child or dependent in the FNSW State Teams set out below. For the avoidance of doubt, where those terms and conditions purport to impose an obligation on my/our child or dependent, we agree on his/her behalf to being bound by those terms and conditions and I/we agree to being similarly bound.

1. FOOTBALL NSW OBLIGATIONS

FNSW agrees to:

- (a) provide experienced FNSW coaches. All coaches will follow a detailed program designed by FNSW and FFA;
- (b) provide suitable training facilities;
- (c) provide training equipment such as cones, bibs, balls, poles, shooting net and training aids, which are an essential part of the program;
- (d) supply personal equipment for members of the squad, which may include a jacket, playing strip, bag and shorts;
- (e) provide full support to all Players who are under its care in accordance with its policies which can be viewed on the FNSW website;
- (f) comply with policies and regulations applicable to working with children; and
- (g) act in a professional manner at all times.

2. SELECTION OF PLAYERS

The Player acknowledges and agrees that FNSW (or its coaches) will make decisions in regard to the selection of players to participate in the FNSW State Teams. The Player acknowledges and agrees that any selection decision made by FNSW (or its coaches) is final and not subject to appeal or grievance.

3. PLAYER OBLIGATIONS

The Player agrees to:

- (b) attend all training sessions as directed by the FNSW State Technical Director; Head Coach or appointed Assistant Coaches;
- (c) maintain all personal items (boots, ball, uniform etc.) in good condition;
- (d) behave in a responsible and dignified manner and wear the official squad uniform when representing FNSW and its sponsors;
- (e) let the coach know when he/she cannot attend training;
- (f) accept all disciplinary measures including suspension and/or termination of squad selection;
- (g) accept all selection decisions made by FNSW (or its coaches);
- (h) always listen to the coach and help whenever possible during training sessions;
- (i) always follow the rules for players;
- (j) never bully or make other people feel bad;

- (k) display and encourage good sportsmanship;
- (l) respect the decisions of match officials;
- (m) try his/her hardest at every training session/game;
- (n) tell the coach if injured at training or in a game;
- (o) exhibit exemplary behaviour at all times and leave all areas (including fields, benches, dressing rooms, hotels and buses) in the same condition when he/she arrived;
- (p) tell the Elite Program Administrator (prior to the Player's arrival) if the Player needs to arrive or depart training or Camp outside the advised hours;
- (q) not leave Camp unless prior approval is granted by the relevant Team Manager **and** FNSW and the Player has provided the written consent of the Player's parent/legal guardian;
- (r) dress appropriately at all times;
- (s) not have visitors in his/her room at any time;
- (t) not have other players in his/her room unless the players are sharing rooms;
- (u) advise the relevant Team Manager of any visitors, on arrival at Camp;
- (v) once selected as a player or shadow player of a State Team, notify FNSW within 24 hours of any injury or illness and:
 - I. advise FNSW the nature of the injury or illness;
 - II. advise FNSW any medical attention being received;
 - III. advise FNSW of the anticipated duration of non-availability;
 - IV. provide FNSW with a Medical Certificate from the treating medical practitioner; and
 - V. following such notice, he/she will require a medical clearance from the treating medical practitioner clearing them to resume training/playing activities.

4. PARENT/LEGAL GUARDIAN OBLIGATIONS

The parent/legal guardian agrees to:

- (a) review and discuss the obligations of the Player with his/her child under this Agreement;
- (b) support and encourage his/her child's, their teammates', and the coach's efforts at all times;
- (c) respect opposition players, coaches, supporters and team officials at all times;
- (d) accept all selection decisions made by FNSW (or its coaches);
- (e) respect the decisions of the match officials at all times;
- (f) refrain from providing instructions to the players or team;
- (g) get his/her child to training sessions and games on time and ready to begin;
- (h) discuss any issues with his/her child privately and away from the game, teammates, coaches, the opposition and spectators;
- (i) inform coaches in advance of any training or games his/her child will miss or may arrive late to;

- (j) not make negative comments to parents, players, spectators, the media or on social media regarding State Team coaches, officials, administrators and/or FNSW programs and pathways;
- (k) avoid any confrontation with players, coaches, match officials, spectators or opposition parents and refrain from any unsporting and poor parenting behaviour including verbal or physical abuse of same at training, before, during, and after games;
- (l) attend all training sessions, as directed by the FNSW State Technical Director, Head Coach or appointed assistant coaches. Compulsory attendance of 90% of all training sessions must be maintained in order to maintain a position in the State Team;
- (m) ensure his/her child's personal health habits are maintained to a standard conducive to sporting excellence;
- (n) encourage his/her child to maintain all personal items (boots, ball, uniform etc.) in good condition;
- (o) advise the Head Coach/Team Manager, in writing, of any period(s) which his/her child will be absent from regular squad training;
- (p) be bound by and comply with all relevant rules, regulations and policies issued by FNSW and FFA including, but not limited to, the FNSW Grievance & Disciplinary Regulations, the FFA Spectator Code of Behaviour and the FFA National Member Protection Policy. accessible on the FNSW and FFA websites or available on request;
- (q) in the case of wet weather or extreme heat, check the FNSW website or the nominated SMS number between the hours of 3-4pm on the day of training;
- (r) observe that there is to be no unauthorised use of FNSW State Team uniforms or kits; and
- (s) address any matters of concern in writing to the coach or FNSW State Technical Director.

THE PARENT/LEGAL GUARDIAN ACKNOWLEDGES AND AGREES THAT HIS/HER FAILURE TO COMPLY WITH THE OBLIGATIONS SET OUT IN THIS PARAGRAPH 4 MAY RESULT IN HIS/HER CHILD/DEPENDENT BEING SUSPENDED (FOR A PERIOD OF TIME), NOT SELECTED OR REMOVED FROM A FNSW STATE TEAM.

5. PROHIBITED ITEMS

Unless otherwise agreed with or determined by FNSW, the following items are prohibited:

- (a) use or possession of alcohol;
- (b) use or possession of tobacco products;
- (c) use or possession of illegal drugs;
- (d) fireworks;
- (e) weapons of any description;
- (f) mobile phones except during an allocated period determined by FNSW which shall be for no more than half an hour and only for the purpose of contacting the child's parents/legal guardian;
- (g) wi-fi/wireless devices except during an allocated period determined by FNSW;

- (h) use or possession of prescription and/or non-prescription drugs/medication without written approval from the Player's medical practitioner. Such drugs/medication are to be surrendered, on arrival, to the relevant Team Trainer and shall be provided to the Player in accordance with the written directions of the Player's medical practitioner; and
- (i) personal music systems, iPod/MP3 etc. but for personal use only.

6. RISK

- (a) Football is at times a physical, contact sport. By registering his/her child/dependent, the parent/legal guardian agrees and acknowledges that his/her child/dependent is fit to participate in all activities for the FNSW State Teams.
- (b) As the parent/guardian of the child, the parent/legal guardian agrees that the programs, activities, games and training elements are hazardous by nature and he/she assumes all risks of injuries arising from participation.
- (c) The parent/legal guardian agrees to release, indemnify and hold harmless FNSW and its directors, employees and representatives from any claim, demand or action arising in connection with the child/dependent's participation.

7. WARNING UNDER AUSTRALIAN CONSUMER LAW

Under Australian consumer laws, several conditions are implied into contracts for the supply of certain goods and services. These conditions mean that FNSW is required to ensure that the recreational services it supplies to the participant are:

- (a) rendered with due care and skill;
- (b) as fit for the purpose for which they are commonly bought as it is reasonable to expect in the circumstances; and
- (c) reasonably fit for any particular purpose or might reasonably be expected to achieve any result you have made known to FNSW.

8. ACCIDENT SUPPORT PROGRAM

FNSW sanctions all FNSW State Teams it administers and as such the parent/legal guardian acknowledges that FNSW Personal Injury Cover will apply to his/her child/dependent. Terms and conditions apply and parents/legal guardians should read the insurance policy, product disclosure statement and information located [here](#).

9. PRIVACY

Football NSW uses a Player's personal information for its internal administration purposes only and the Player's data is stored in accordance with FNSW's Privacy Policy which can be located on Football NSW's website or by [clicking here](#)..

10. MARKETING

The parent/legal guardian agrees to give FNSW or its representatives permission to take photographs of his/her child/dependent for promotional purposes and to print or upload on FNSW publications. Please inform FNSW should you wish your child/dependent to be excluded from photography.

11. LOST PROPERTY

The parent/legal guardian agrees that FNSW is not responsible for the property of the child/dependent or the parent/legal guardian. Any property left unattended at the conclusion of a match or training session will be collected by FNSW and retained for a period of one (1) month after which FNSW will donate the property to charity if not collected.

12. SAFETY

The parent/legal guardian agrees that his/her child will participate or be involved in a FNSW State Team only in accordance with safety instructions, rules and suggestions presented by a representative of FNSW from time to time. A failure to follow such instructions may result in the Player's removal from a FNSW State Team.

13. MEDICAL

The parent/legal guardian agrees and warrants that his/her child has no disability, impairment or condition which would prevent him/her from being involved or participating in a FNSW State Team or would be detrimental to his/her health, safety, comfort or physical condition. If a child has a disability, impairment or condition, then the parent/legal guardian must disclose this to FNSW immediately.

14. POLICIES AND REGULATIONS

The parent/legal guardian agrees to be bound by and comply with all relevant rules, regulations and policies issued by FNSW and FFA including, but not limited to, the FNSW Grievance & Disciplinary Regulations, the FFA Spectator Code of Behaviour and the FFA National Member Protection Policy accessible on the FNSW and FFA websites or available on request.

15. DISCIPLINARY ACTION

If a Player is caught in possession of any prohibited item under this Agreement or displays inappropriate behaviour, FNSW may investigate the matter and, in its absolute discretion, determine whether to suspend (for a period of time), not select or terminate the Player's participation in the FNSW State Team. A decision made by FNSW is not subject to review or appeal.

The parent/legal guardian acknowledges and agrees that his/her failure to comply this Agreement may result in his/her child/dependent being suspended (for a period of time), not selected or removed from a FNSW State Team. Such a sanction may be in addition to any sanction imposed on the parent/legal guardian.

16. REFUND OF REGISTRATION MONIES

A Player may apply to FNSW for a refund of registration monies in the following circumstances:

- (a) where a Player gets injured and cannot participate any further in the FNSW State Team;
- (b) where a Player no longer wishes to participate in the FNSW State Team; and
- (c) cancellation or changes to the location or time of a camp.

For the avoidance of doubt, a Player that has been disciplined by FNSW and has subsequently been removed from participation in FNSW State Team, is ineligible for a refund.

A Player must make a written application to FNSW for a refund. A decision made by Football NSW is final and not subject to review.

Agreed and confirmed:

Player's Name

Dated:

Parent/Guardian:

Dated:

Parent/Guardian:

Dated: