



**FOOTBALL
NSW**

STRUCTURE DOCUMENT

2020

FOOTBALL NSW INSTITUTE

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EXECUTIVE SUMMARY

OVERVIEW

This paper details the structure for the 2020 Football NSW Institute (**FNSWI**) program, building on our work of 2019 and indeed previous years. Our overall aim is provide our talented young female players a best practice high performance training and playing environment that will hopefully see them progress through to the Westfield W-League and ultimately any of the various National Teams.

VISION

“FNSW will provide talented footballers a training environment, consistent with FFA policies, that delivers the highest standard of coaching and best platform for those players to realise their personal ambitions of becoming a professional footballer and representing their country.”

MISSION

“FNSW, in a collaborative approach with FFA, will develop and deliver the best talented player program nationally, aligned to FFA objectives.”

“The talented player pathways will be easily recognisable to clubs, parents, players and coaches, consistent with the National Curriculum and FFA and FNSW goals and objectives.”

Key Points:

1. Collaboration between FFA and FNSW, with FNSW delivering the daily management of the program
2. Funding model incorporating FFA, FNSW and participant contributions
3. FNSWI Program, and supporting programs, reflect the National Curriculum
 - Discovery Phase delivered by Football Associations
 - **Skills Acquisition and Game Training Phase delivered by FNSW Institute and WNPL Clubs**
 - Performance Phase delivered by Clubs (WWL, National Premier League)
4. “Team” of FNSWI coaches led by the FNSW Technical Director Women’s and Girls

SCHEDULE 1: 2020 FNSW INSTITUTE STRUCTURE

OVERVIEW

Talented player development is a fundamental responsibility of FFA and FNSW, and is central to the technical outcomes outlined in the FNSW Strategic plan. Specifically, one of the five key performance indicators and strategic goals of the FNSW Strategic Plan is to:

“Deliver and promote a professional, integrated and clear elite development pathway, which lifts the overall technical standard of identified players and coaches throughout NSW and produces world class players”

The FNSW Institute holds the following key principles at its core:

- provide a best practice development environment for talented youth footballers;
- key integration with the FFA’s National team program and coaches;
- deliver consistency in product and experience to all participants;
- align with the FFA’s National Curriculum; and
- provide age appropriate programs for female players.

Following is the basic structure for the 2020 program, detailing age groups, squad sizes and progression to State Teams.

AGE GROUPS

In 2020, squads in the Under 13, 14, 15, 16 and 17 age group will be catered for. There exists the possibility that a number of slightly older players (eg. Under 18s) will join the program at the request of the National Team coaches in order to support their continued development and work with the national program.

Key Points:

- Consistent with FFA Integrated Talented Player Pathway
- Provides consistent development programs leading into National Championships
- Provides consistent development program with one clear direction
- Prepares players for performance phase with clubs (NPL / WWL)
- Pathway and opportunity for girls

In determining the respective squads of players the following outcomes will be considered:

- maximising further opportunities for players in an elite environment;
- best practice ‘coach v player’ training ratios; and
- depth to cover players being absent to attend national age team camps.

* Note – numbers for the NTC training squad are a guideline only, acknowledging the group will change over the course of the year accommodating National team camps and international competitions.

LEAGUES

For the 2020 season, FNSWI teams will compete in the following Leagues

Institute Team	League	Age Grade
U13 Girls	National Premier Leagues NSW Women's 1	U14
U14 Girls	National Premier Leagues NSW Women's 1	U15
U15 Girls	National Premier Leagues NSW Women's 1	U17
U16 Girls	National Premier Leagues NSW Women's 1	Reserve Grade
U17 NTC	National Premier Leagues NSW Women's 1	1 st Grade

TRANSITION TO STATE TEAMS

FNSW Metro State Teams

Given the FNSWI comprises the most talented players in their respective age groups, there is an expectation that majority of our State Representative Team's will be made up of players from the FNSWI or GTSP. Additionally, it would be expected that any players from regional NSW accepted into the program would be likely to be selected in the FNSW Country State Teams. That said, selection of any FNSWI player to the respective FNSW State Teams is not guaranteed and relies on continued application and development.

A trial process to State Teams will be conducted that incorporates FNSWI players as well as players identified at FNSW State Titles and in the National Premier Leagues NSW Women's competitions.

Selection to the FNSW State and NTC Challenge Teams will be made by a panel including the FNSW Technical Director Women's and Girl's, FNSW Goal Keeper Coach and State Team Head Coach. FNSWI matches scheduled over the two (2) weekends of National Youth Championship commitments will be deferred.

Key Points:

- FNSW Institute forms the nucleus of the FNSW Metropolitan State and NTC Challenge teams to provide consistency
- Other identification opportunities through State Titles and NPL NSW Women's competitions to ensure a comprehensive talent identification process is provided
- Deferment of premiership matches during National Championships

Appointment of coaches to the FNSW State Metropolitan and NTC Challenge Teams is detailed in the resourcing section of this document.

Briefly, coaches appointed to the FNSW Metropolitan State and NTC Challenge Teams will come predominantly from the "team" of coaches delivering the FNSW Institute programs.

FNSW will establish a separate identification and appointment program for coaches to the FNSW Country State Teams that has the development of regionally based coaches as a strategic priority.

SCHEDULE 2: 2020 FNSW INSTITUTE SCHEDULE AND OPERATIONS

TRIAL PROCESS

Trials for the 2020 FNSW Institute will be conducted between 23 September and 18 October 2019.

National Premier Leagues NSW Women's trials will not commence until 20 October 2019. As such, timing of the trials will not affect the ability of players to seek an opportunity with a club should they be unsuccessful in trialling for the FNSWI.

Trials for the FNSWI will be by invitation to players:

- registered to the 2019 FNSWI;
- selected in FNSW State Teams;
- identified by FNSW at State Titles;
- identified by FNSW Assessors during the 2019 National Premier Leagues NSW Women's competitions; and
- recommended by their clubs as having the potential to be selected in the program.

All trials will be conducted at Valentine Sports Park under the management of the FNSW State Technical team.

Key Points:

- Trial period over 2 weeks
- No Club trials until FNSW Trial have concluded to ensure "best" players are able to attend
- Trials conducted under Technical Management

PRE-COMPETITION AND TRAINING COMPONENT

The FNSWI teams will participate in a 12-16 week pre-competition phase from November 2019 to March 2020.

There will be a break during this phase of the program over the Christmas / New Year period.

COMPETITION COMPONENT

The FNSWI teams will participate in FNSW competitions as identified in the table above.

FNSWI teams will be eligible to earn points in premiership matches to qualify for the championship series, however matches against the FNSWI will not be considered when calculating the Club Championships. In this manner, all matches have meaning while also maintaining the integrity of the Club Championship.

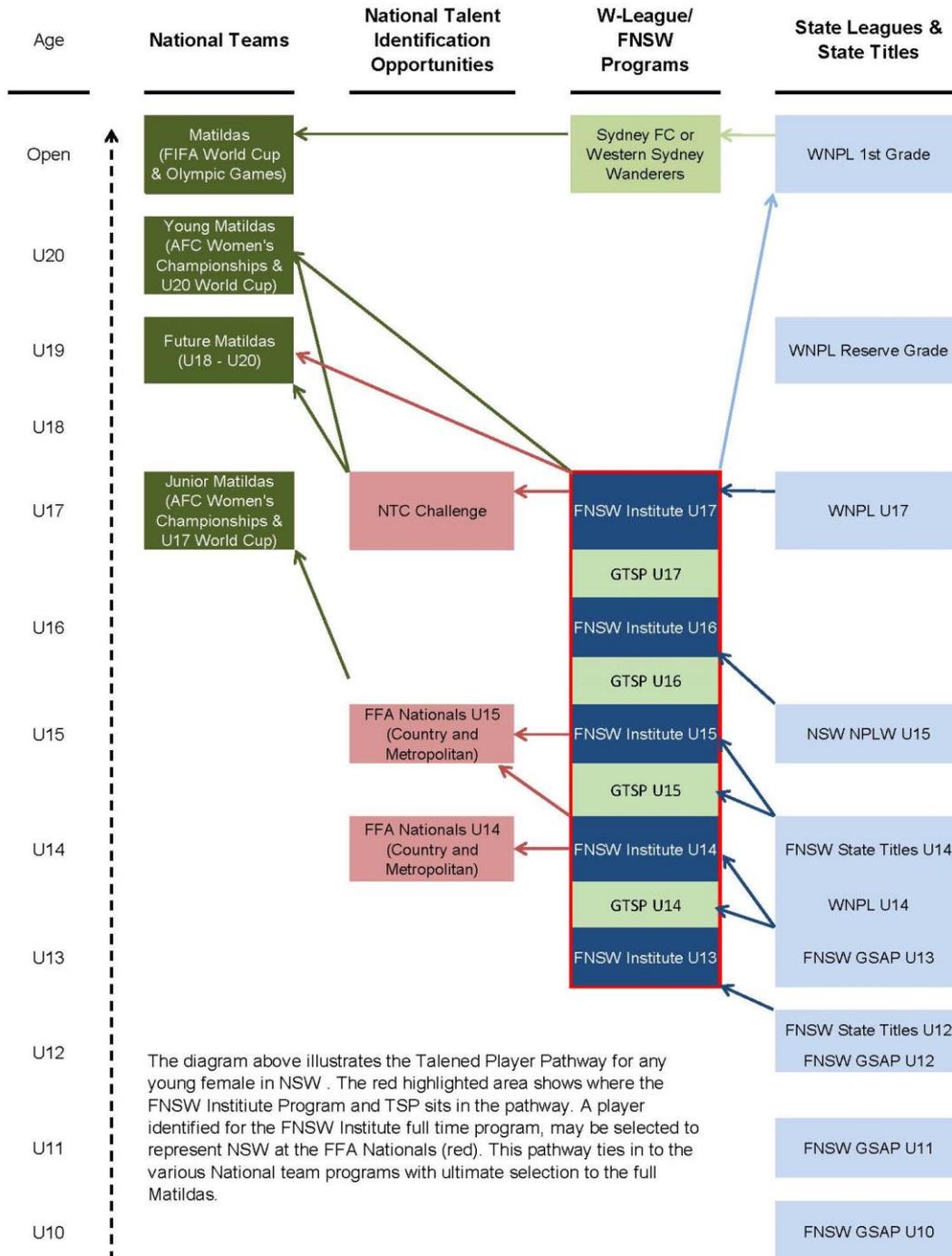
Key Points:

- 40 week program comprising of:
 - Pre-competition phase
 - Competition and training phase (premiership)
 - Post-competition (championship)
- Girls FNSWI teams as part of regular season matches
- FNSWI teams eligible for Championship Series
- Matches against FNSWI will not be considered when calculating the Club Championships

SCHEDULE 3: 2020 FNSWI AND THE FFA INTEGRATED TALENTED PLAYER PATHWAY

DEVELOPMENT CHART – FEMALE FOOTBALL

Following is the development chart demonstrating the FNSWI position underpinning FFA programs within the integrated talented player pathway for women and girls.



SCHEDULE 4: 2020 FNSW INSTITUTE RESOURCING

ORGANISATION CHART

Following is the organisation chart supporting the FNSWI program.



FFA TECHNICAL DIRECTOR AND NATIONAL TEAM COACHES

The FFA Technical Director sets the National Curriculum and provides football technical guidance to the FNSW Technical Director Womens and Girls.

It is anticipated that the FFA and FNSW Technical Directors will work closely in ensuring that the FNSWI provides an appropriate learning environment consistent with the National framework and desired outcomes.

FNSW TECHNICAL DIRECTOR WOMENS AND GIRLS

The FNSW Technical Director Womens and Girls will provide regular reports to the FFA Technical Director re: the progress of the GTSP and players within it.

The FNSW Technical Director Womens and Girls will oversee the employment and management of all GTSP Coaches.

TALENTED PLAYER PATHWAYS MANAGER WOMENS AND GIRLS

The FNSW Talented Player Pathways Manager Womens and Girls will provide regular reports to the FFA Technical Director re: the progress of the GTSP and players within it.

The FNSW Talented Player Pathways Manager Womens and Girls will oversee the employment and management of all GTSP Coaches.

FNSW INSTITUTE COACHES

FNSW Institute Team and Goal Keeper Coaches

The FNSWI coaches will be employed by FNSW in consultation with FFA. FNSWI coaches will report directly to the Technical Director Women's and Girl's and provide the best possible learning environment to the players in line with the FFA National Curriculum.

It is expected that the coaches will work together to develop players and provide a best practice learning environment, continually challenging the players and seeking improvement. Consistent and stable programs over a period of time are considered a vital platform in player development.

The Goalkeeper coaches will work with all selected coaches.

FNSW State Team and NTC Challenge Coaches

Preferably, FNSW Metropolitan State and NTC Challenge Teams will be coached by the FNSWI Coach that has led the respective age group team from which player's progress to State Team selection. This position ensures:

- a consistent training environment from FNSWI to State Teams;
- appointment of best identified coaches to guide the best identified players; and
- maximised preparation time for FNSW players leading into the National Championships and NTC Challenge.

Each National Championships team will also be supported by one of the Goalkeeper coaches.

FNSW will implement a separate identification and mentoring program for potential FNSW Country State Teams coaches from the regional areas of FNSW jurisdiction.

FNSW ADMINISTRATION

FNSW will manage the FNSWI Program providing the administrative support required by the players and coaches, including but not limited to; trial advertising, player registrations, communications with parents, venue bookings and program schedules.

AUXILIARY STAFF

FNSW will appoint auxiliary staff to support the head coach, team manager and goal keeper coach during the National Championships, including; medical support (i.e. Certified Sports Trainers or Physiotherapists) and Assistant Coaches.

FNSW will also engage appropriately qualified medical officers (i.e. Certified Sports Trainers) to supply medical coverage at all FNSWI competition matches.

PERSONAL INJURY INSURANCE

Registered FNSW Institute players are covered by two insurance schemes.

FNSW Personal Injury Insurance

This insurance provides for reimbursement of non-Medicare medical benefits including physiotherapy, chiropractic, dental, ambulance, private hospital accommodation and private hospital emergency admission fees and is applicable while players are participating in an official FNSW Institute match or training session, travelling to and from a FNSW Institute activity, participation in an official FNSW Institute tour or function.

Where surgery is required, physiotherapy is included in the total benefits cap of \$5000 for claimable medical benefits, however please note that physiotherapy is capped at \$350 where surgery is not required. Additional benefits claimable include Student assistance, loss of income and Capital Benefits subject to the terms and conditions of the policy.

Exclusions: Section 126 of the Health Insurance Act 1973 (Cth) does not permit the insurer (Chubb Insurance) or the broker (Gow-Gates) to reimburse any part of a Medicare Item, including the Medicare Gap. What is generally not covered includes any item or service that is a Medicare item, including the Medicare Gap, Doctor's fees, Specialist's fees, Surgeon's fees, Anaesthetist fees, X-Rays, MRI Scans, public hospital costs and other items noted as an exclusion as per the terms of the policy. It is important to note that you cannot claim if you play against medical advice, are under the influence of alcohol or drugs, are involved in a criminal act or have a pre-existing injury, illness or disease.

For further information or to make a claim visit www.gowgatessport.com.au/football/nsw/

For assistance phone Gow-Gates Insurance on 02 8267 9999.

NSW Sporting Injury Insurance (iCare)

Registered FNSW Institute players are also covered by the iCare NSW Sporting Injury Insurance while participating in official training and games. This insurance covers players for more serious permanent types of injuries such as permanent loss affecting the use of a participant's arms, legs, a participant's sight, hearing and mental capacity. This insurance does not cover minor injuries, such as breaks, sprains, abrasions, cuts and bruises, or dental injuries.

Further information or to make a claim visit <https://www.icare.nsw.gov.au>

For assistance phone iCare – Sporting Injuries insurance on 13 44 22.