

FOOTBALL NSW GIRLS TSP METRO INFORMATION BOOKLET

2008-2011 BORN - TERM 4 2024

WHAT IS THE FNSW TALENT SUPPORT PROGRAM?

The Talent Support Program (TSP) is a games-based program, where the top players from each Sydney Metro region (North, South, East, West, and Far South) play regular high-level matches against each other and A-League academies.

The purpose of TSP is to provide an increased number of talented players exposure to a high-quality environment and an increase in high quality games. Further, it will enhance the process for talent identification and selection of representative teams and provide additional opportunities for benchmarking and identification for national teams.

In the FNSW TSP our key words are **Adaptable**, **Brave** and **Creative**.

To be an **Adaptable** footballer, players will need to understand the game, show the right attitude, know about tactics and what different positions demand from them. They need to develop skills to evaluate the game, read and interpret situations, and show tactical intelligence.

We challenge players constantly to be **Brave** and to take calculated risks with no fear of failure. We put them in a competitive environment where they may feel out of their comfort zone to see how they will grow and adapt.

We encourage players to be **Creative** and to think outside the box. The way they look at situations and the decisions they make is what will differentiate them from the rest.

We take a player centered approach. You will notice that players are not only asked to actively participate in co creating game plans but will lead half time talks as individuals or small groups. We feel this is important for the players to get a greater understanding of the game and helps to develop Creativity, and skills which can also potentially be used outside of football.

TALENT SUPPORT PROGRAM PLAYER SELECTION

The TSP coaches regularly attend Boys & Girls Youth League matches to observe players in their club team environment and select the players that we believe best fit our player traits (see graphic on page 6).

The FNSW technical department are in regular communication with Club technical directors to seek their recommendations for which players would be a good fit for the program. We continue to monitor players in and out of the program and evaluate at the end of each term if we need to bring players into the program for the new term.

The TSP is for players who are not currently part of an A-League academy or Future Sapphires program.



AGE GROUPS AND TEAMS

GIRLS

2008-2011 born players

All teams attend Valentine Sports Park (VSP) each fortnight on a Tuesday during school terms to play matches against the other teams and A-League academies. During the school holidays the TSP program participates in tournaments against the A-League academies and other Member Federations.

Age groups are aligned with the age groups being used for FA National Youth Championships. In some cases, we will proceed outside of these specific age groups to commence talent identification for imminent age groups.

Teams are now organized without regional limitations, and selected players are assigned to one of four teams: Yellow, Black, Red and Blue. This approach aims to ensure a balanced distribution of players among the teams, thereby optimizing playing opportunities for each individual player.



PLAYER TRAITS FOOTBALL NSW

Developing Players to be **Adaptable**, **Brave** and **Creative** Individuals who Strive to Win Every Moment

PSYCHOLOGICAL

WINNING MENTALITY:

A relentless approach to being adaptable, brave and creative to outwit and outplay their opponent **COMMITMENT:**

Understands and uses personal characteristics to maximize their own and the team's performance

RESILIENCE:

Regulates the appropriate emotional state in order to maximize performance

SOCIAL

LEADERSHIP:

Guides and inspires others via action, manner or communication towards a common goal

PRESENCE:

A demeanour that projects positively onto the team and challenges the opposition **LEARNER:**

Actively absorbs and retains information quickly and effectively in order to improve performance

PHYSICAL

UNIQUE:

Stands apart from the rest due to an outstanding characteristic or attribute

EFFECTIVE:

A coordinated athlete who moves with ease, maximising the use of physical characteristics

ROBUST:

Consistently handles the physical demands of the age and stage

TACTICAL

MANAGE SELF:

Proactively executes their own role within the team in order to control the game at any given time

MANAGE OTHERS:

Through effective positioning and communication is able to support the team both in possession and out of possession

DISRUPTER:

Proactive and effective, individually supports the team to create and convert goalscoring opportunities

INTELLIGENT DEFENDING:

Proactive and effective, individually supports the team to deny goalscoring opportunities

TECHNICAL

EFFECTIVE ACTIONS:

Ability to execute a variety of football actions under pressure

CREATOR:

Understands when, where, and how to receive, retain and release the ball when in possession

DISRUPTER:

Understands when, where and how to delay, protect and regain the ball when out of possession

CONSISTENT:

Repeated and successful use of effective actions, makes good decisions which lead to successful outcomes



WHAT'S INCLUDED IN THE FNSW TSP METRO PROGRAM?



Regular high level matches vs other regions and A-League academies



Access to individual player video clips and statistics, provided by the StepOut app.



Individual performance goal setting



Full-time Technical staff to educate coaches and identify talented players



Advanced licensed coaching staff



Position specific training sessions during low volume periods of the season



Events recorded by Pixellot camera's and shared



All representative event fees including operations, field hire and referee fees



Program administration and event management



Access to sports and medical practitioners (Sports Trainers at training and events)



Educational seminars



Football Australia Standard Player Insurance*



Kappa Training Uniform

^{*} It is highly recommended that all players have private health insurance as this significantly reduces medical costs if a serious injury is sustained that requires orthopedic surgery and/or rehabilitation. You will need to have an active registration as a player with your club on Play Football to be eligible for Football Australia Standard Player Insurance.



New players will receive the following team-specific items to keep:



CALENDAR OF KEY EVENTS

DATE	TIME	FIELD	AGE	TEAM 1	TEAM 2	GAME TIMES
29/10/2024	6pm-7pm	VSP	2010/2011	TSP Blue	TSP Red	2 x 25 minute game
29/10/2024	7pm-8pm	VSP	2010/2011	TSP Black	TSP Yellow	2 x 25 minute game
5/11/2024	6pm-7pm	VSP	2008/2009	TSP Blue	TSP Red	2 x 25 minute game
5/11/2024	7pm-8pm	VSP	2008/2009	TSP Black	TSP Yellow	2 x 25 minute game
12/11/2024	6pm-7pm	VSP	2010/2011	TSP Blue	TSP Yellow	2 x 25 minute game
12/11/2024	7pm-8pm	VSP	2010/2011	TSP Black	TSP Red	2 x 25 minute game
19/11/24	6pm-7pm	VSP	2008/2009	TSP Blue	TSP Yellow	2 x 25 minute game
19/11/24	7pm-8pm	VSP	2008/2009	TSP Black	TSP Red	2 x 25 minute game
26/11/24	6pm-7pm	VSP	2010/2011	TSP Yellow	TSP Red	2 x 25 minute game
26/11/24	7pm-8pm	VSP	2010/2011	TSP Black	TSP Blue	2 x 25 minute game
3/12/2024	6pm-7pm	VSP	2008/2009	TSP Yellow	TSP Red	2 x 25 minute game
3/12/2024	7pm-8pm	VSP	2008/2009	TSP Black	TSP Blue	2 x 25 minute game

TECHNICAL TEAM FOOTBAL NSW



NADINE SHIELSGirls Player Development
Manager

AFC A Licence

Nadine is responsible for the Girls TSP, Girls State Teams, Girls FA Elite games and the Institute program. Nadine works closely with FA and National team staff for player development trends, initiatives and opportunities.



BEN BAXTERTSP Coach

GK Level 1 & AFC C Licence

Ben is a seasoned football coach and former National Premier Leagues (NPL) player, boasting over 12 years of experience in the industry. Transitioning from youth to senior levels as a player, he brings a reflective understanding of the game to his coaching philosophy. Ben has consistently demonstrated a commitment to talent development in a variety of roles at youth level. Ben was part of the NAIDOC Cup for Football New South Wales (FNSW) in 2023, showcasing his leadership both on and off the field. Emphasizing holistic player development and innovation, Ben advocates for inclusivity and diversity within the football community to inspire the next generation of young footballers.



BRYCE DEATON
TSP GK Coach

GK Level 1 & AFC C Licence

Bryce started with the TSP program in 2020 with NSW Country Boys and Girls out of the Dubbo Hub. He has been the goalkeeper coach for both Metro and Country Boys and Girls teams in the National Youth Championships in 2022 and 2023 and continues to work in the elite programs in 2024.



ANISSA TANN

Anissa is an ex-player who played for the Matildas from 1985-2003. She has been a player for almost 30 years and started her coaching journey 20 years ago. She has held various coaching roles at all levels including, National Premier League, State Teams, National teams and most recently in the Football NSW Institute program. Anissa demonstrates key attributes and commitment to developing youth players for the future and the future of our National teams.

TECHNICAL TEAM FOOTBAL NSW



CHRIS EL-HAYEKTSP Head Physio

Bachelor of Physiotherapy & AFC B Licence

Chris' role is to help players look after their body and manage any injury concerns. This is important for their development, so they can showcase their talent on the field pain free.



YOUSSIF MAXIMOS
TSP Coach

AFC B Licence

Youssif has coached grassroots and elite youth football for over 12 years and returns to Football NSW after working with the Institute squads in 2017-2019. Besides coaching, he has worked as a technical analyst in the FNSW Institute program, Sydney FC and Granada CF in LaLiga. Away from the pitch, Youssif is a university lecturer and football researcher, specialising in the area of talent development and program design.

STATE TEAMS & PATHWAYS

