



FOOTBALL
NSW

FOOTBALL NSW TSP

INFORMATION BOOKLET

Contents

What is the Football NSW Talent Support Program?	3
Player Selection	4
Regional Hubs	5
Age Groups & Teams	6
Referee Development	7
Player Traits	8
What's Included	9
Kappa Uniform	10
Technical Team	11
State Teams & Pathways	12





What is the Football NSW Talent Support Program?

The Metro Talent Support Program (TSP) is a games-based program, where the top players from Sydney Metro play regular high-level matches against each other and A-League academies.

The Regional TSP also includes extra high-level training sessions in addition to game days for the top regional players.

The purpose of TSP is to provide an increased number of talented players exposure to a high quality environment and an increase in high quality games. Further, it will enhance the process for talent identification and selection of representative teams and provide additional opportunities for benchmarking and identification for national teams.

In the FNSW TSP our key words are Adaptable, Brave and Creative.

To be an Adaptable footballer, players will need to understand the game, show the right attitude, know about tactics and what different positions

demand from them. They need to develop skills to evaluate the game, read and interpret situations, and show tactical intelligence.

We challenge players constantly to be Brave and to take calculated risks with no fear of failure. We put them in a competitive environment where they may feel out of their comfort zone to see how they will grow and adapt.

We encourage players to be Creative and to think outside the box. The way they look at situations and the decisions they make is what will differentiate them from the rest.

We take a player centered approach. You will notice that players are not only asked to actively participate in co creating game plans but will lead half time talks as individuals or small groups. We feel this is important for the players to get a greater understanding of the game and helps to develop Creativity, and skills which can also potentially be used outside of football.



Player Selection

The TSP coaches attend matches across youth competitions and regional tournaments to observe players in their club team environment and select the players that we believe best fit our player traits (see graphic on page 8). The FNSW Technical team is in regular communication with Club and Association technical leads to seek their recommendations for which players would be a good fit for the program. We continue to monitor players in and out of the program and evaluate at the end of each term if we need to bring players into the program for the new term.

The TSP is for players who are not currently part of an A-League academy.





Regional Hubs

There are 8 regional hubs which selected players are placed in based on their geographical location:

- Albury-Wodonga
- Bathurst
- Dubbo
- Goulburn
- Griffith
- Nowra
- Orange
- Wagga Wagga

There are TSP regional match days during or at the end of each term where each hub travel to one location for competitive matches against the other hubs.





Age Groups & Teams

Metro players attend Valentine Sports Park (VSP) on a Tuesday during school terms to play matches against the other teams and A-League academies.

Regional players attend the sessions in their hubs according to the calendar (see TSP Calendar link on Football NSW TSP website page) during the school terms, and also attend the Regional Game Days where they play matches against the different regional hubs.

During the school holidays the TSP participates in tournaments against the A-League academies and other Member Federations.

Age groups are aligned with the age groups being used for FA Emerging Championships.

Metro teams are now organized without regional limitations, and selected players are assigned to one of three teams: Yellow, Blue, and White (black for girls). This approach aims to ensure a balanced distribution of players among the teams, thereby optimizing playing opportunities for each individual player.





Referee Development

Referee development is an integral component of the TSP and is closely aligned with coach and player development.

In our commitment to fostering a holistic sports experience, we actively engage young referees from our referee academy to refine their skills within our competitive, high-quality, high-speed, yet safety-centric learning environment.

This integration not only contributes to the growth and proficiency of our referees but also ensures a fair and well-officiated sporting atmosphere for our players. Through this comprehensive approach, TSP nurtures the collective development of all key stakeholders, creating a robust sporting community that thrives on excellence and fair play.



Player Traits

Developing Players to be **Adaptable, Brave** and **Creative** Individuals who Strive to Win Every Moment.

PSYCH-SOCIAL

WINNING MENTALITY:

A relentless approach to being adaptable, brave and creative to outwit and outplay their opponent

RESILIENCE:

Regulates the appropriate emotional state in order to maximize performance

PRESENCE:

A demeanour that projects positively onto the team and challenges the opposition

LEARNER:

Actively absorbs and retains information quickly and effectively in order to improve performance

PHYSICAL

UNIQUE:

Stands apart from the rest due to an outstanding characteristic or attribute

EFFECTIVE:

A coordinated athlete who moves with ease, maximising the use of physical characteristics

ROBUST:

Consistently handles the physical demands of the age and stage

SELF MAINTENANCE:

Prioritises their nutrition, hydration, and sleep to maintain physical performance

TACTICAL

MANAGE SELF:

Proactively executes their own role within the team in order to control the game at any given time

MANAGE OTHERS:

Through effective positioning and communication is able to support the team both in possession and out of possession

PROACTIVE:

Proactive and effective, individually supports the team to create and convert goalscoring opportunities

INTELLIGENT DEFENDING:

Proactive and effective, individually supports the team to deny goalscoring opportunities

TECHNICAL

EFFECTIVE ACTIONS:

Ability to execute a variety of football actions under pressure

CREATOR:

Understands when, where, and how to receive, retain and release the ball when in possession

DISRUPTER:

Understands when, where and how to delay, protect and regain the ball when out of possession

CONSISTENT:

Repeated and successful use of effective actions, makes good decisions which lead to successful outcomes



What's Included



Regular high level matches vs other regions and A-League academies



Access to individual player video clips and statistics, provided by the StepOut app



Individual performance goal setting



Full-time Technical staff to educate coaches and identify talented players



Advanced licensed coaching staff



Position specific training sessions during low volume periods of the season



Events recorded by Veo camera's and shared



All representative event fees including operations, field hire and referee fees



Program administration and event management



Access to sports and medical practitioners (Sports Trainers at training and events)



Educational seminars



Football Australia Standard Player Insurance*



Kappa Training Uniform

* It is highly recommended that all players have private health insurance as this significantly reduces medical costs if a serious injury is sustained that requires orthopedic surgery and/or rehabilitation. You will need to have an active registration as a player with your club on Play Football to be eligible for Football Australia Standard Player Insurance.



Kappa Uniform

New players will receive the following team-specific items to keep:



Technical Team



Phil Myall

Boys Player Development Manager

A Diploma

Phil is responsible for the Boys TSP, Boys State teams, and FA Elite games here in NSW. Phil also works closely with Joeys and Young Socceroo's coaching staff and has been included in FA staff for training camps and international tournaments.



Nadine Shiels

Girls Player Development Manager

A Diploma

Nadine is responsible for the Girls TSP, Girls State Teams, Girls FA Elite games and the Institute program. Nadine works closely with FA and National team staff for player development trends, initiatives and opportunities.



Andrew Fearnley

Regional Player Development Manager

A Diploma

Andrew has been involved with Football NSW State Teams for over 15 years across both Boys Teams and Girls Teams. Andrew currently has an A Diploma and outside of FNSW has been involved with Central Coast Mariners Youth Academy Team and in NPL Clubs. Andrew is also a Tutor for C Diploma's and B Diploma's.



State Teams & Pathways





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